

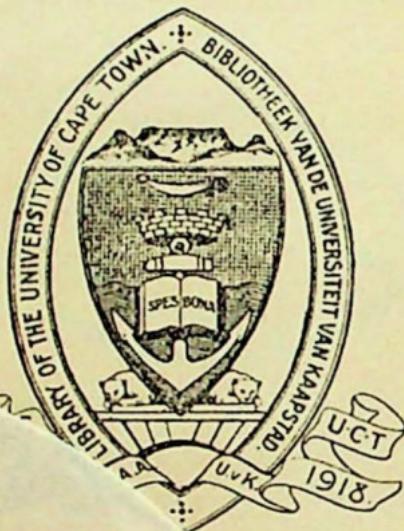
ENGLISH-XHOSA  
DICTIONARY  
FOR NURSES

NEIL MACVICAR

BAA

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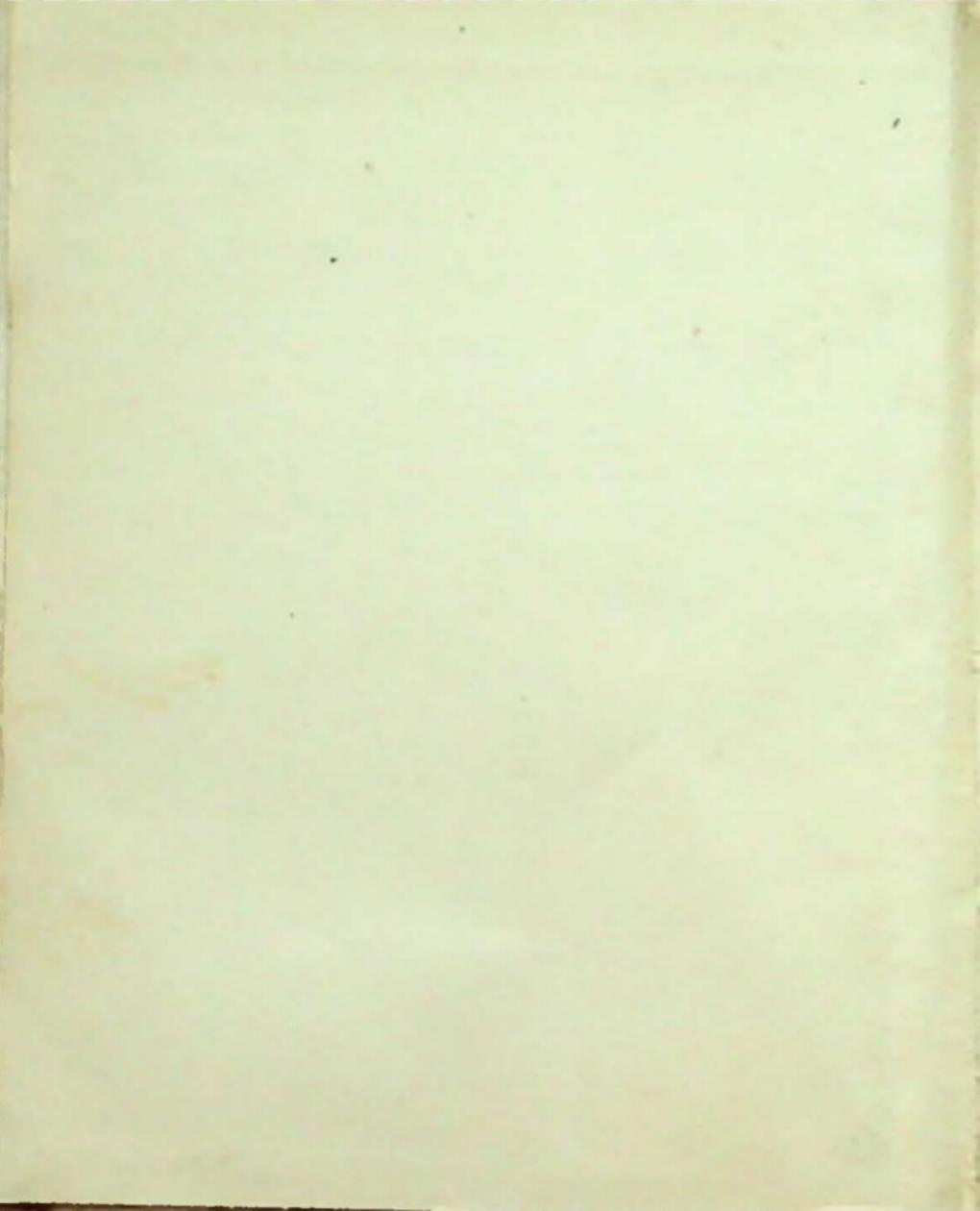


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# ENGLISH-XHOSA DICTIONARY FOR NURSES

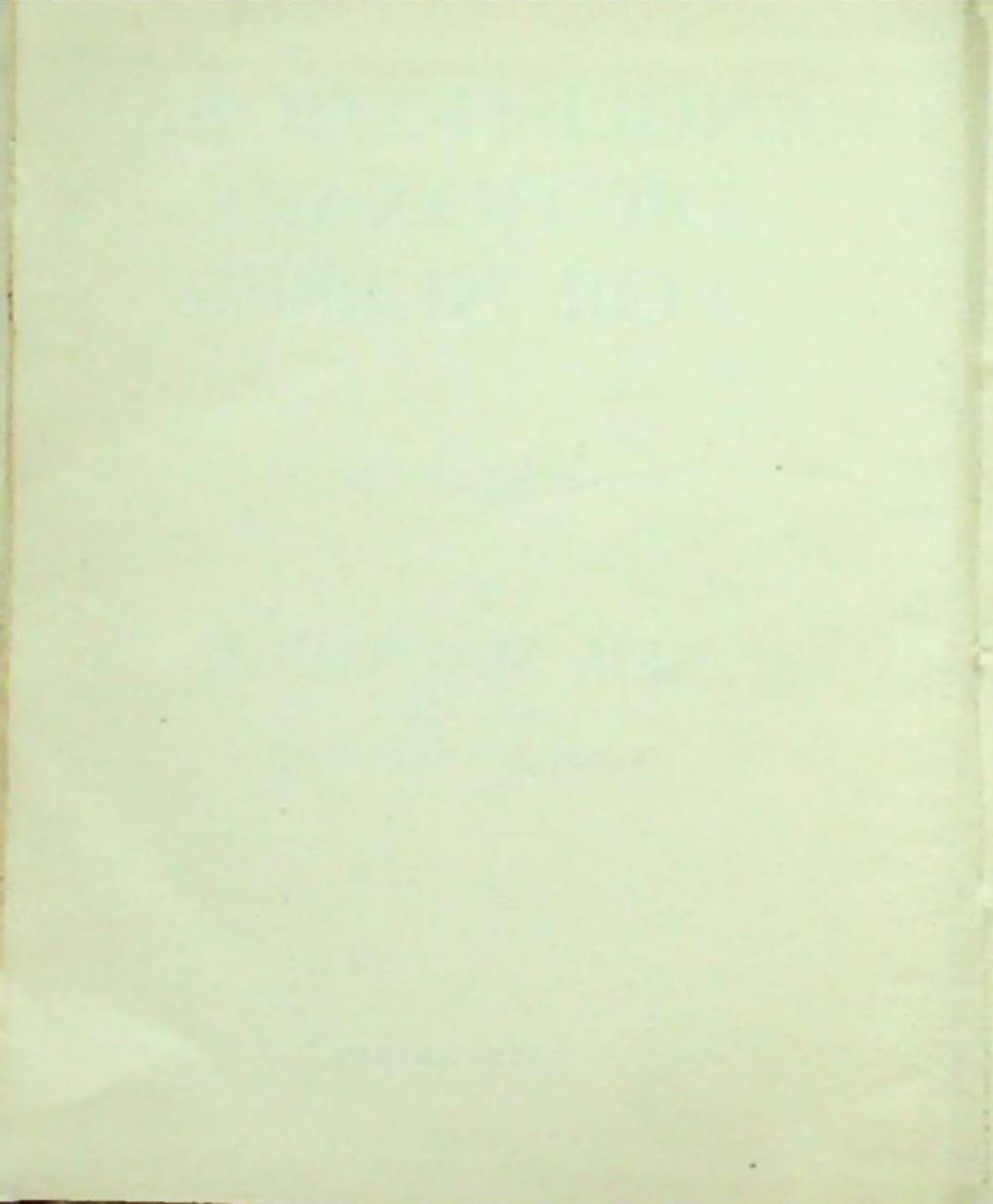
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## PREFACE TO SECOND EDITION.

This Dictionary has been subjected to a thorough revision and a number of new words added. As in the case of the former edition, I have to thank Xhosa-speaking nurses of the Victoria Hospital for their willing collaboration.

NEIL MACVICAR.

Victoria Hospital,  
Lovedale.

January, 1935.

## ENGLISH-XHOSA

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Cu.	cuprum	copper.
dec.	decoctum	a decoction (medicine made by boiling).
dil.	dilutus	dilute.
div. in p. aq.	divide in partes aequales	divide into equal parts.
dr.	—	drachm.
c.g.	exempli gratia	for example.
emp.	emplastrum	a plaster.
ext.	extractum	an extract.
ext. liq.	extractum liquidum	liquid extract.
ex aq.	ex aqua	in water.
F.	—	Fahrenheit temperature scale.
Fe.	ferrum	iron.
ft. mist.	fiat mistura	let a mixture be made.
gm. or grm.	—	a gramme weight.
gr.	granum	a grain.
gtt.	guttae	drops.
H.	—	Hydrogen.
haust.	haustus	a draught.
inf.	infusum	an infusion.
inj.	injectio	an injection.
lb.	libra	a pound weight.
lin.	linimentum	a liniment.
liq.	liquor	a liquor (medicine dissolved in water).
m.	misce	mix.

## NURSE'S DICTIONARY

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m.	—	minim.
m.d.	more dicto	as directed.
m. et v.	mane et vespera	morning and evening.
mitt.	mitte	send.
M.O.	—	Medical Officer.
M.O.H.	—	Medical Officer of Health.
N.	—	Nitrogen.
n. or no.	nocte	at night.
O.	octarius	a pint.
O.	—	Oxygen.
ol.	oleum	oil.
o.m.	omni mane	every morning.
o.n.	omni nocte	every night.
opt.	optimus	best.
oz.	—	an ounce (avoirdupois).
p.	—	pulse.
p.a.	per abdomen	by the abdomen.
p.c.	post cibum	after food.
per cent.	per centum	by the hundred.
pil.	pilula	a pill.
p.m.	post meridiem	afternoon.
p.m.	post mortem	after death.
pot.	—	potassium.
p.p.a.	phiala prius agitata	the bottle having first been shaken.
p.p.h.	—	post partum haemorrhage.
p.r.	per rectum	by the rectum.

## ENGLISH-XHOSA

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p.r.n.	pro re nata	as occasion arises.
pt.	—	pint.
pulv.	pulvis	powder.
p.v.	per vaginam	by the vagina.
q.h.	quaque hora	every hour.
q.l.	quantum libet	as much as desired.
q.q.h.	quoque quarta hora	every fourth hour.
q.s.	quantum sufficit	as much as required.
q.v.	quod vide	which see.
R/.	recipe	take (put at the beginning of prescriptions).
rep.	repetat	to be repeated.
ss.	semis	half.
S/. or Sig/.	signetur	let it be labelled (put at the end of prescriptions.)
s.o.s.	si opus sit	if necessary.
sp. or spt.	spiritus	spirit.
spt. meth.	—	methylated spirit.
s.v.r.	spiritus vini rectificatus	rectified spirit
sp. gr.		specific gravity (that is, weight as compared with water).
stat.	statim	immediately.
syr.	—	syrup.
T.	—	Temperature.
t.i.d. or t.d.	ter in die	three times a day.
t.d.s.	ter die sumendum	to be taken three times a day.

## NURSE'S DICTIONARY

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tinct. or tr.	tinctura	a tincture (a medicine dissolved in alcohol).
ung.	unguentum	ointment.
vin.	vinum	wine.
Zn.	—	zinc.

### APOTHECARIES' WEIGHT.

20 Grains.....	1 Scruple.
3 Scruples (60 grains).....	1 Drachm.

### FLUID MEASURE.

60 Minims	=	1 Drachm.
8 Drachms	=	1 Ounce.
20 Ounces	=	1 Pint.
8 Pints	=	1 Gallon.

A teaspoonful is about a drachm, a dessert spoonful about two drachms, a tablespoonful about four drachms or half an ounce.

## THE METRIC SYSTEM OF WEIGHTS AND MEASURES.

This system measures by tenths.

### MEASURES OF LENGTH.

- 1 metre = a little more than a yard (39.3 inches).
- 1 decimetre =  $1/10$  of a metre (3.9 inches).
- 1 centimetre =  $1/100$  of a metre (.39 inch).
- 1 millimetre =  $1/1000$  of a metre (.039 inch).

### MEASURES OF LIQUIDS.

- 1 litre = 35 fluid ounces.
- 1 cubic centi-metre (c.c.) = 17 minims.

### MEASURE OF WEIGHT.

- 1 gramme = about  $15\frac{1}{2}$  grains.

# ENGLISH-XHOSA DICTIONARY FOR NURSES

## A

**Abdomen.** Isisu.

**Abdominal.** Esiswini.

**Abdominal operation.** Utyando esiswini.

**Abnormal.** Ukungaqheleki.

**Abortion.** Ukuphuma isisu.

**Abrasion.** Ukukuzuka.

**Abscess.** Ukudumba okunobovu. *A cold abscess, that is one due to tuberculous disease, is called ihase.*

**Accidental haemorrhage.** Umopho obangelwa kuku/enxa nganxamnye komkhaya endaweni yayo ngeenyanga zokuggqibela ngumntu omithiyo, aze ophelc ngaphakathi kungenjalo ngaphandle.

**Accouchement.** Ukuzaalwa komntwana.

**Acephalic monster.** Lusana oluzelwe lungenalo ukakayi nobuchopho.

**Acetic acid.** Ubumuncu obusewayinini.

**Acetone.** Yinto eyenziwa emzimbeni esemafutheni. Ibhakho egazini nasemntsontsweni xa umntu enge-kafumani ngokwaneleyo ukutya okuneswekile. Iya yenzeke le nto emva kotyando esiswini.

**Acetonuria.** *I-acetone emntsontsweni.*

**Acetyl-salicylic acid (Aspirin).** Iyeza elisetyenziswa kubantu abanesifo samathambo. Khangela *salicylate of soda.*

**Acid.** Muncu.

**Acidosis.** Ukonganyelwa kwegazi bubumuncu okuthi kuse yityhefu.

**Acne.** Ikhuphu.

**Acromegaly.** Ukukhula kwamathambo, asuke afie sanzi kakhulu, ngakumbi awobuso nentloko neenyawo, ebangwa yincindi, ethi ißeninzi kakhulu esuka kwidlala elcincinane ebuchotsheni ebonwa kubantu abasebebakhulu.

**Actinomycosis.** Isifo esihlasela iinkomo, nama-hase nabantu, esibangelwa kukungunda okuthi kubekho nakuyiphina indawo emzimbeni kodwa ikakhulu ihlasela imihlathi nentamo.

**Acute disease.** Isifo esikhawulezayo.

**Addison's disease.** Sisifo samadlala aphezu kwe-zintso.

**Adenitis.** Ukudumba kwamadlala.

**Adenoids.** Izinto ezithambileyo ezikhula ekuphe-leni kwekhuhlangubo, amajanana.

**Adenoma.** Ilifa elifana nedlala.

**Adeps.** (Lard). Amafutha changu.

**Adeps lanæ.** Amafutha oboya Segusa.

**Adhesions.** Ukuncamathela phakathi emva koku-kgala mhlawumbi emva kwengozi.

**Adrenal glands.** Khangela *Supra-renal glands*.

**Adrenalin.** Iyeza elenziwe ngamadlala aphezu kwezintso zehagu. Liqinisa imithanjana (*arterioles*) enxebe ni ukunqumamisa ukopha. Lisetyenziswa ukunyanga umbefu nokomeleza intliziyo. Linge-niswa ngenaliti phantsi kwasikhumba mhlawumbi entliziyweni.

**Adult.** Umntu omkhulu.

**Aether (or ether).** A general anaesthetic. Khangela Anaesthetics.

**After-birth.** Umkhaya.

**After-pains.** Ingxuluba.

**Agalactia.** Ukungabi namasi konina. Isaqhaga.

**Agar.** Ukhula lolwandle laseJapan. Luthi lwakugalelwa amanzi lukhukhumale lwenze indembu. Ezi ndembu zikhulula ukuqhina kwesisu.

**Ainhum.** Ingilafoxi.

**Air cushion.** Umqamelo ohlohlwe umoya.

**Air hunger.** Ukphefumla ngezinqlala okuya kubekho emva komopho omkhulu.

**Air swallowing.** Ukuginywa komoya ubuye ubodlwé.

**Alæ nasi.** Umphandle wamathatha ofukuma xa umntu ephesumla nzima. Oku ku/fukuma kubonakala kumntu one-pneumonia.

**Albino.** Umntu oyinkawu.

**Albumin.** Umthusi omhlophe weqanda. Ukhonakwezinye izinto ezinjengobisi negazi, nasemntsonsweni xa zinesifo izintso.

**Albuminuria.** Umntsontso one-albumin. Ubamhlophe wakusiliswa.

**Alcohol.** Awonamandla kuzo zonke intlobo zotywala.

**Alcoholism.** Ukungaphili okubangwa kukusela, ixesa elide.

**Alembroth.** Yi- antiseptic. Zonke impahla zkusebenza ezigalelwe yona ziba luhlaza.

**Alkali.** Into eziduma ezinje nge-soda, ne-potash, ne-ammonia.

**Alkaline.** Efana nothuthu.

(Urine is either acid, turning litmus red ; or alkaline, turning litmus blue, or neutral, turning it to a middle colour.)

**Alkaloid.** Ngawona mandla amayeza afunyanwa ezityalweni, njenge morphin, quinine, atropin. Anakho ukudibana nothumuncu (acids).

**Alkalosis.** Bubuduma obusegazini obusangwa zi-soda nezinye izinto ezinjalo ezigqithiseleyo. Umntsonso ubaduma xa ii-alkali zininzi.

**Aloes.** Uhlobo lwekhala. Liyeza lokuqudisa.

**Alopecia.** Ukusuka kwenwele, ukubanga inkqayi, okanye impandla.

**Alum.** Aleni.

**Amœbic dysentery.** Isisu segazi esifunyanwa kumazwe afusu.

**Ammonia.** Isikraqolo. I-amoniya.

**Amnion.** Inwebu egquma isifeleko esinzima. Izele ngamanzi la ajikeleza umntwana. Umkaya omncinci.

**Amputation.** Uku/unqulwa.

**Amyl nitrite.** Liyeza lokuqogolwa. Livule imi thanjana (arterioles).

**Anæmia.** Igazi elingamanzi.

**Anæsthesia.** Ukungeva intlungu.

**Anæsthetics.** Amayeza enza ukuqa umntu angeva zintlungu xa etyandwa.

*General anaesthetics.* Amayeza alalisayo anjenge-chloroform ne-ether.

*Local anaesthetics.* Amayeza adambisa iintlungu endaweni anjenge-cocaine ne-novocain.

**Anastomosis.** Ukungenelana kwemithambo (*arteries or veins*).

**Anatomy.** Lulwazi lwezibilini, namalungu, namathambo, nemithambo neento zonke ezingaphakathi emzimbeni.

**Aneurysm.** Ukunwefeka komthambo onegazi elihle (*artery*) endaweni ethile.

**Angina pectoris.** Ihlaša elisukhali entliziyweni. Ngamanye amaxefa lihle nomkhono wasekhhohlo.

**Angioma.** Liqhusu elinesicuku semithambo ndaweni nye.

**Ankle joint.** Iqatha.

**Ankylosis.** Kukuthi nkqi kwelungu.

**Ankylostomes.** Izilwanyana ezibambelela ngaphakathi kwamathumbu (*duodenum and jejunum*). Zenza umntu agule ligazi elingamanzi.

**Ankylostomiasis.** Esi sisifo esibangwa zezi zilwanyana se zichaziwe ngentla.

**Anopheles.** Luhlobo lweengcongconi olwandisa ifiva eychla kumazwe afusu *malarial fever*.

**Anorexia.** Ukungachacheli ukutya.

**Anteflection.** Kuxa isibeleko sithambekele ngaphambili ngokuggithisileyo.

**Antepartum haemorrhage.** Isikhundla. Umaphela owandulela ukuzalwa komntwana ungaingwa mhlawumbi yingozi okanye kukuhlala komkhaya ngaphantsi komntwana.

**Anthrax.** Udila. Inyama yamakhwenkwe.

- Antidotes.** Amayeza aßulala amandla etyheſu.  
Aziintloſo ngeentloſo.
- Antipyrine.** (*Phenazonum.*) Liyeza lamayeza atho-  
ba ubufusu.
- Antipyretics.** Amayeza athoſa uſuſuſu ſiomzimba.
- Antiseptics.** Anayeza athinthela ukubola. Aya  
zibulala *i-bacteria* kungenjalo iityheſu zazo.
- Antitoxins.** Amayeza enziwe ngegazi lamahafe  
aqheliselwe izifo ezithile.
- Antrum.** Umnx huma kumhlathi wangentla.
- Anus.** Umva.
- Aorta.** Umthambo omkhulu ophuma entliziyweni.  
Umxhelo.
- Aortic valves.** Ingango zomxhelo ekuphumeni  
kwawo entliziyweni.
- Aperient.** Iyeza elihambisa kuhle.
- Apex.** Incam.  
**Apex of the heart.** Incam yentliziyo.  
**Apex of the lung.** Incam yomphuunga.
- Aphonia.** Ukusebeza okubangwa kukungabi nakho  
ukukhupha izandi zokuthetha.
- Apnoea.** Ukunqamka umoya okwexeſana emva  
kokutsala ukuphefumla.
- Apomorphine.** Liyeza lokuhlanzia elifakwa nge-  
naliti phantsi kweſikhumba. Lisebenza kamsinya.
- Aponeurosis.** Isiqwanga.
- Apoplexy.** Ukuggabuka komthambo (*artery*) ebu-  
chot/heni. Awe angabinangqondo. Mhlawumbi  
abube, mhlawumbi aphile kodwa afe icala.
- Appendix.** Ithunjana elivalekileyo ngelinye icala,

- elivulekela kubolo-bolo. Likwicala lasekunene esiswini.
- Appendicitis.** Ukudumba okunentlungu kweli thunjana.
- Appetite.** Ukucacela ukutya.
- Aqua or Aq.** (*Latin for water*). Amanzi.
- Aqueous.** Amanzi asembumbulwini yeliso ngaphakathi phambi kwe *lens*. (*Ingezizo inyembezi*).
- Argenti nitras.** Khangela *Silver nitrate*.
- Argyrol.** Liyeza elinesilvere. Lisetyenziselwa emehlweni.
- Arsenic.** Yityhesu ebulala amakhalane nezinye izi-lwanyana. Isetyenziswa njengeyeza xa ithathwe kancinane kakhulu. Kuyingozi ukusela idiphu *ye-arsenic*. Idiphu eyi-Kupa *inc-arsenic*.
- Arteries.** Imithambo ethwala igazi elivela entliziyweni. Iyabetha.
- Arterioles.** Imithanjana ethwala igazi elivela entliziyweni.
- Arteritis.** Ukukfala kwemithambo (*arteries*).
- Arteriosclerosis.** Ukuba lukhuni kwemithambo ethwala igazi cvela entliziyweni. Ebonwa kubantu abadala mhlawumbi iбе sisiphumo sesifo esithile.
- Arthritis.** Ukudumba okuneentlungu kwelungu.
- Arthrodesis.** Utyando lokwenziwa kwilungu ukuba lingafukumi.
- Articular.** Ebekisele emalungwini
- Articulation.** Ukuhlangana kwamalungu.
- Artificial anus.** Intunja eyenziwa ekupheleni ethunjini elikhulu xa kuthe kwavaleka ngezantsi umntu engenakuzithuma.

**Asafætida.** Liyeza elinukayo.

**Ascites.** Amanzi esiswini, phakathi kwamathumbu.

**Aseptic.** Okucokisiweyo ngokuphekwa mhlawumbi ngamayeza anakho ukubulala *i-bacteria (germs)*.

**Asphyxia.** Ukufuthaniseleka.

**Aspirator.** Intsimbi yokufunxa.

**Aspiration.** Ukufunxa.

**Aspirin.** Liyeza elidambisa intlungu kwisifo samathambo. Khangela *Acetylsalicylic acid*.

**Asthma.** Umbefu.

**Astigmatism.** Ukungalungelelani kwendawo eca-cileyo yembumbulu yeliso ngaphambili

**Astringent.** Iyeza eliswaqayo.

**Ataxy.** Sisifo. Umntu ongena kuphatha kakuhle nongenakuma konke xa ecime amehlo. Khangela *Locomotor ataxia*.

**Atebrin.** Liyeza elitsha lokunyanga *i-malaria*, endaweni *ye-quinine*, ngamaxefsa atile.

**Athetosis.** Ukufukuma okucothisayo kwezandla neminwe okungekho phantsi kolawulo lwengqondo. Kubangwa sisifo sobuchopho

**Atlas.** Ithambo lokuqala entanyeni.

**Atony.** Xa isihlunu singenakho ukufinyela nge-ndlela.

**Atrium or auricle.** Ligumbi entliziyweni ekungeneni kwemithambo yegazi clincholileyo ngasekunene, ulikhuphele kwigumbi elingeantsi. Elase-khohlo igumbi lamkela igazi elihlanjululweyo emiphuungeni.

**Atrophy.** Ukubitya kwelungu nokuba yenye indawo yomzimba.

**Atropine.** Awona mandla eyeza eliyi-*belladonna*. Livula ukhozo lweliso.

**Aura.** Ukuva xa uza kuſa nesathuthwane.

**Auricle.** Khangela *Atrium*.

**Auricular fibrillation.** Sisifo sentliziyi esibanga ukufa amagumbi angentla (*auricles*) angcangcazele, ebangwa kukungasebenzi kwesihlunu xa egqithisa igazi kumagumbi angezantsi (*ventricles*), aze amagumbi angezantsi akhawuleze ukubetha angaligcini ixesa kakuhle.

**Auscultation.** Ukuva ngokuxilonga.

**Auto-intoxication.** Ukungaphili kuſangwa kuko-nakala kwegazi ngenxa yale tyheſu ivela kukutya okubolele emathunjini, okanye ſuſovu obuvela kwintsi ezidumbileyo ze buginywe.

**Autonomic system of nerves.** Leyo mithambo (ingeyiyo ethwala igazi) iqhuſa umsebenzi wezibi lini; ingekho phantsi kolawulo lomntu.

**Autopsy.** Khangela *Post mortem examination*.

**Axilla.** Ikhwapha.

**Axillary artery.** Umthambo uthwala igazi elihlanjululwayo osekhwapheni.

**Axis.** Ithambo lesifini entanyeni.

## B

**Bacillus (plural bacilli).** Khangela *Bacteria*

**Bacteria (germs).** I-*bacteria*. Zizinto ezincinane kakhulu ezifana nokungunda. Ziintloſo ngeen-

**lobo.** Uninzi lwazo zinakho ukukhula enyameni efileyo, zibangele ukubola. Olunye uhlobo lufanganela ukuba ubisi lube muncu. Ezinye iintlobo zinokukhula emzimbeni ophilileyo. Ezi zezibanganela izifo. Ezinye zinqhukuva (*micrococci*). Ezinye zinde (*bacilli*).

**Bandages.** Ziibanti ezinde zokubopha amianxesha. Izbopho ziziintlobo ngeentlobo.

**Battery.** Instimbi eneyenza, eyenza *i-electricity*. Khangela *Electricity*.

**Barley water.** Amanzi efaso. Isiselos esilungele abantu abanenkathazo zesinyi, nokuba yifiva. Sikhulula umntsonso.

**Bavarian splint.** Sisixhaso somlenze esenziwe ngeziziwa zefleni ezibini. Zisikwa zilingane nomlenze ze zithungwe phakathi. Kuthi emacaleni kufakwe *i-plaster of Paris*.

**Bearing down.** Ukuduntsa.

**Bed sores.** Ukutyabuka okubangwa kukulala ngendawo enye.

**Beef tea.** Umhluzi wenyama yenkomu engaphewangwa. Wensiwa ngokunqunqa isihlunu kugalelwé intwana yamanzi adikidiki netyuwa ubekwe ngasemlilweni iyure ezimbini, kodwa ungabiliswa.

**Belladonna.** Liyeza lokubopha indawo ezibuhlungu (*i-plaster*). Xa lingene elisweni livula ukhozo. Khangela *Atropin*.

**Benger's food.** Kukutya okwayilwa ngu-Benger. Kwabantwana. Kwetyisiwe nganxenye ekwenzieni kwako.

**Benign tumour.** Iqhulu elingengomhlaza. Ilifa.

**Beri-beri.** Isifo esibangelwa kukusebenzisa kakhulu ukutya okuziinkozo okuphet/hethiweyo nokuhlikihliweyo njenge reyisi emhlophe. *I-vitamin B* ikhutshwa kuyo kukuhlikihlwa. Khangela Vitamins.

**Biceps.** Sisihlunu sengalo ngaphambili. Sigoba ingqiniba. Inkonyana.

**Bicreol.** Liyeza eline-*bismuth* ezihlunwini xa kuyangwa igcusuwa. Lifakwa ngenaliti.

**Bicuspid.** Amazinyo amabini emva kweßamba.

**Bier's treatment.** Indlela yokuphilisa izilonda ezichizayo ngokubophpha ngasentla ngesibophho *se-elastic*. U-Bier ngumqali weli cebo.

**Bilateral.** Kumacala omaßini.

**Bile.** Inyongo.

**Bilharzia.** Isifo esikholisa ukuhla kumakhwenkwe, achithe igazi. Kubakho uhlobo lweziло emithanjeni (*veins*). Ezi zilo zingena esikhumbeni ngo-kuhlamba emilanjeni ethile.

**Bilious.** Inkathazo yenyongo.

**Bimanual examination.** Ukusetyenziswa kwezandla zozißini xa igqira lixilonga.

**Binaural stethoscope.** Intsimbi yokuxilonga yendleße zombini.

**Binder.** Isibophpha esibanzi sokubophpha isisu.

**Biniodide of mercury.** Yi-*antiseptic* enamandla neyityhefu.

**Bismuth.** Liyeza elingumgufo elingwevu. Khangela *Bicreol*. Olunye uhlobo lumhlophe. Liya nikwa ngamanye amaxesa ngomlomo. Ngamanye amaxesa lidityaniswe ne-*vaseline*. (*Beck's paste*)

umhlawumbi ne-*vaseline* ne-*iodoform* (*B.I.P.P.*, *Bismuth-Iodoform-Paraffin-Paste*) lifakwa ezilonde-ni ezinzulu.

**Bismuth meal.** Kukutya okudityaniswe ne-*Bismuth*. Kutyiwa phambi kokuba umntu athathwe uinfanekiso wolumu namathumbu ngombane eku-thiwa i-*X-rays*. Khangela *X-rays*.

**Bistoury.** Imela encinane. Icalu elisukali layo lide.

**Bivalve speculum.** Intsimbi yokukhangela enamacala amabini. Khangela *Speculum*.

**Black wash** (*Lotio nigra*) Ngamanzi aneyeza enziwe nge-*calomel* namanzi ekalika. Asetyenzi-selwa ukuhlamba izilonda zegcusuwa.

**Black-water fever.** Yifiva enomntsontso omnyama. Sisifo se-Afrika phakathi.

**Bladder.** Isinyi.

**Bleaching powder.** (*chlorinated lime*). Ikalika ene-*chlorine*. Isetyenziselwa ukwenza i-*eusol*. Khangela *Eusol*.

**Bleb (vesicle).** Idyungu-dyungu.

**Bleeder.** Umntu owopha kakhulu ngendalo. Khangela *Hæmophilia*.

**Blepharitis.** Ukukala kwasiphelo senkophe.

**Blepharospasm.** Ukucima amehlo ngokuqinileyo.

**Blindness.** Ubumfama.

**Blind spot.** Isikroba se-*retina* sokungena komthambo weliso (*optic nerve*) ngemva kwembumbulu yeliso.

**Blister.** Idyungu-dyungu.

**Blistering fluid** (*Liquor Epispasticus*).

**Blister plaster** (*Emplastrum-cantharidis*). Amanyaza okwenza idyungu-dyungu enziwe ngamabungane ekuthiwa zii-*cantharides*.

**Blood.** Igazi.

**Blood-letting.** Ukuqaphula.

**Blood pressure.** Ukuthi pitsi kwegazi emithanjeni.

**Blood transfusion.** Khangela *Transfusion of blood*.

**Boil.** Ithumba.

**Bone.** Ithambo.

**Boracic acid** (*Boric acid*). Yi-*antiseptic engenangozi*.

**Borax.** Iyeza elenziwa ngokudisanisa i-*boric acid ne-soda*. Yi-*antisepetic engenamandla*. Inakho nokucokisa njenge-*washing soda*.

**Bougie.** Yinto yokwandisa. (*There are urethral, uterine, vaginal, rectal and oesophageal bougies, some of metal, some of gum-elastic*).

**Bowel.** Ithumbu.

**Bradycardia.** Ukubetha kwentliziyi okucothi-sayo.

**Brain.** Ubuchopho.

**Breast.** Ibele.

**Breath.** Umphefumlo.

**To breathe.** Ukuphefumla.

**Breech presentation.** Ukuvela kosana ngempundu.

**Bright's disease** (*Nephritis*). Isifo sezintso esiganga i-*albumin emntsontsweni*. Khangela *Albumin*.

**Broad ligaments.** Iziqwanga ezibanzi zokusamba isibeleko. Zikho macala omaibini.

**Bromides.** Amayenza asetyenziswa kwisathuthwane

- nezinye izifo. Xa asetyenziswe ixesa elide enza amaqhakuva (*bromide eruption*).
- Bronchial tubes.** Imibobo esuka kuqhoqhoqho engena emiphuungeni. Uxakaxa luvela kule mibobo xa idumbileyo ngaphakathi.
- Bronchiectasis.** Isifo salemibobo. Iya nwebeka kwindawo ezithile. Ezi ndawo zizala ubovu. Umntu akhohlele akhuphe bona ngamaxefa athile.
- Bronchitis.** Ukukfala kwenwebu yalemibobo. Umntu akhuphe uxakaxa.
- Broncho-pneumonia.** I-*Bronchitis* edibene nokudumba kwemiphuunga
- Bubo.** Imbilapho.
- Bubonic plague.** Ububane. Kwesi sifo kuba kho ukudumba kwamadlala.
- Bunion.** Ukudumba ecaleni kobontsi okubangwa kukunxiša izihlangu ezicinezelayo.
- Burn.** Ukut/ha komntu.
- Bursa.** Inxhowana encinane enamanzi amancinane phakathi kwesikhumba nethambo. Ikhlo edolweni ngaphambili, nasengqinišen.
- Bursitis.** Ukudumba kwale nxhowana.
- Buttocks.** Iimpundu.

## C

- Cæcum.** Isiqalo sobolobolo ngasekunene kwesisu.
- Cæsarian section.** Ukukhutshwa kosana esibekwani ngokuqangqululwa kwesisu.
- Caffein.** Ngawona mandla ekofu.
- Calculus.** Ilitye. Amanyc akhula esinyini, ama-

- nye ezintsweni, amanye esingxotyeni senyongo.
- Callipers.** Yintsimbi enengalo ezipulekileyo. Isetyenziswa ukulinganisa amathambo esinqe.
- Callus.** Ithambo elits'ha elikhula kwindawo ebe-yaphukile.
- Calomel (subchloride of mercury).** Liyeza lokuhambisa. Lisetyenziselwa kwa nezinye izinto. Xa lisetyenziswe kakhulu lenza umlomo ubé buhlungu nje ngamanye amayeza *ane-mercury*.
- Camphor.** I-kamfara. Liyeza.
- Cancer.** Inkankala. Umhlaza. Igaqa elikhulayo emzimbeni, yenza izilonda ezingapholiyo. Aku-kho yeza lokuziphilisa. Xa isencinane inokutya-ndwa ikhut/hwe.
- Cancrum oris.** Uku'bola nokufa kwestidlele. Iya bulala. Ifunyanwa kusantwana emva kokugula okubukhali njengemasisi.
- Canine teeth.** Amazinyo enja. Amasamba.
- Cannabis Indica.** Uhlofo lomya. Dařa.
- Cannula.** Umbobo wentsimbi wokukhupha amanzi. Khangela *Trocar*.
- Cantharides (Spanish fly).** Liyeza elenza idyungu-dyungu. Lenziwe ngohlofo lwebungane.
- Canthoplasty.** Ukwandiswa kweliso ngokusika kwincam engaphandle yeliso.
- Canthus.** Yincam yeliso.
- Capelline bandage.** Uhlofo lwersiphopho sentloko.
- Capillaries.** Imithambo yegazi emincinane kakhulu.
- Capsicum (Cayenne pepper.)** Ipepile ebomvu.
- Caput succedaneum.** Ukudumba okuthambileyo

entlokweni	yosana xa lusand' ukubelekwa.	Kufanganawa
	kucinezelwa kwendawo evela kuqala.	
<b>Carbohydrates.</b>	Zindidi zokutya ezinjengeswekile nesitatshi.	Ininzi emboneni nenqholowa, nereyisi namatapile—sisita/hi.
<b>Carbolic acid.</b>	Yi-antiseptic.	Kangela <i>Antiseptic</i> .
<b>Carbuncle.</b>	Ngamathumba azizicuku ndaweni nye.	
<b>Carcinoma.</b>	Umhlaza olukhuni.	
<b>Cardia (heart).</b>	Intliziyo.	
<b>Cardiac.</b>	Ebekisele entliziyweni.	
<b>Caries.</b>	Ukudleka kwamathambo.	
<b>Carminative.</b>	Iyeza lokubodlisa.	
<b>Carotid arteries.</b>	Imithambo emikhulu esa igazi entloko.	Ikho ngenxa zombini kuqhoqhoqho.
<b>Carrel—Dakin method.</b>	Yindlela yokuhlamba izilonda cizi/hi.	Iyeza ligalelw/a njalo linganqamki kuthiwa yi- <i>Dakin's solution</i> .
<b>Carrier.</b>	Umntu osenokusulela afantu ngesifo esisulelayo naxa sel' ephilile.	
<b>Carr's splint.</b>	Ikhwiniba lokumilisa ithambo radius elaphukileyo esihlahleni <i>Colles' fracture</i> .	
<b>Cartilage.</b>	Kukho iintlobo czimbini.	
1. <b>Fibro-cartilage.</b>	Iintlala eziphakathi kwamathambo emqolo naphakathi kwamanye amathambo angafukumiyo kakhulu.	
2. <b>Hyaline or clear cartilage.</b>	Into efana neqalasi akho ekudifbaneni kwamathambo afukuma kakhulu.	
<b>Cascara.</b>	Liyeza lokuhambisa.	

- Casein.** Yinto ejiyileyo xa ubisi luhlobayo eluuswi-ni. Khangela *Protein*.
- Caseous pus (tuberculous).** Bufiovu obuphuma kwizilonda zehafe, suba ziintwana eziinhlotshana ngokwengqaka.
- Castor oil (oleum ricini).** Ikastroli. Liyeza lo-kuhambisa. Ioli yomhlavuthwa. Awensiwe ngeenkozo zawo.
- Catamenia.** Ukufumana isifo senyanga.
- Cataplasma kaolin.** Ukubekela nge-*Kaolin*, Khangela *Kaolin*.
- Cataract.** Umlanga.
- Catarrh.** Ukuchiza okungamanzi noxakaxa olu-phuma empumlweni (*imfixane, nasal catarrh*) noku-ba kusemqaleni nokuha esifuseni, nokuha esiswini.
- Catgut.** Luhlobo losinga, olwenziwe ngamathu-mbu egusa. Lusetyenziswa ekubopheni imitha-mbo yegazi xa kutyandwayo. Luya tshona emzi-mbeni emva kweveki ezimbalwa.
- Cathartic.** Iyeza lokuhambisa ngamandla.
- Catheter.** Ngumbobo wokutsala amanzi esinyini. Ziintlobo ezintathu, 1. *Silver*. 2. *Gum elastic*. 3. *Soft rubber*.
- Caul.** Isinxho-bo. Sibakho kwezinye iiintsana xa zizalwa siba sentloko nasebusweni.
- Gaustic.** Liyeza elitshisa isikhumba, njenge-*caustic soda*.
- Cautery.** Intsimbi esusu ebekwa esikhumbeni.
- Cellulitis.** Ukudumba okunobovu okuphakathi kwenyama nesikhumba.
- Centigrade thermometer.** Uhlobo lwe-*thermo-*

*meter olunamabanga degrees alikhulu phakati komkhence nokubila.*

**Cereals.** Ukutya okuziinkozo njengombona ne-nqholowa.

**Cerebellum.** Yinxalenye yobuchopo ngasemva.

**Cerebral.** Ebekisele kwi-cerebrum. Khangela Cerebrum.

**Cerebro-spinal fever.** Kukudumba kwenwebu yobuchopho nomnqonqo. Sisifo esandayo.

**Cerebro-spinal fluid.** Amanzi aphakathi kwennwebu zobuchopho nomnqonqo.

**Cerebrum.** Osoma buhanzi bobuchopho.

**Cervix.** Intamo yesibeleko.

**Chancre.** Sisilonda esiziindidi ezimbini. Udidi lokuqala sisilonda esilukhuni segecusuwa, *hard chancre*. Siba kuloo ndawo iqale kuyo ukusulela. Udidi lwestibini sisilonda esithambileyo *soft sore*. Naso siya funyanwa njengegcuwa.

**Change of life.** Khangela *Menopause*.

**Cheyne—Stokes breathing.** Ukuphefumla izinqam ze kutsale, ze kubuye kunge kuya phela.

**Chicken-pox.** Sisifo esandayo. Irafalala.

**Chilblains.** Ukurawuzela okudumbayo ezandleni nasezinyaweni okusangwa yingqelete.

**Chloral hydrate.** Liyeza lokwenza ubuthongo.

**Chlorine.** Ngumoya olubelu onevumba. Ukho kwi-chlorinated lime, calx chlorinata.

**Chloroform.** Liyeza lokulalisa. Khangela Anæsthetics.

**Cholecystitis.** Ukuqala kwesinxhosho senyongo.

**Cholera.** Isifo samathumbu. Umuntu uquda ka-

**khulu amanzi amhlophe aze afe kamsinya.** Siya sulela ngamanzi aselwayo.

**Chondroma.** Ilifa clinentlala elingenangozi.

**Chorea.** Sisiso esikholisa ebantwaneni nasebantwini abatsha. Umntwana umana ukufukumisa amalungu lonke ixesa. Intliziyo yensiwa buthathaka sesi sifo ngamanye amaxesa.

**Choroid.** Yenye yeenweisu zeliso phakathi. Igwanqqa inemithambo emininzi yegazi.

**Chloroiditis.** Ukukfala kwe-choroid.

**Chronic.** Ukuthatha ixesa elide kwesifo.

**Chyle** Khangela *Lacteals*.

**Cicatrix.** Isiva.

**Circumcision.** Ukwaluka.

**Cirrhosis.** Ubulukhuni nobusica sesibindi nokuba zizintso nokuba yimiphuunga. Isibindi nezintso zibangelwa luselo lwexesa elide i-gin ngokungapezulu. *I-cirrhosis* yesibindi yenza amanzi esiswini phakathi kwamathumbu (*ascites*).

**Citric acid.** Ubumuncu felamuni.

**Clamp.** Intsimbi yokuminxa.

**Clavicle.** Inqhosa.

**Cleft palate.** Umfanta wenkalakahla,

**Clinic.** 1. Isifundo ngasebedini. 2. Indawo apho abafazi bancedwa khona ngecebo ngokugcina impilo yafantwana fabo.

**Clinical thermometer.** Intsimbi esetyenziselwa ukulinganisa ubusu siomzimba.

**Clonic movements.** Ukuxhuzula okuquphayo.

**Clonus.** Ukuxhuzula kwezihlunu nje ngaxa umuntu enesathuthwane.

- Clover's clutch.** Intsimbi enentambo zentlonze yokuphakamisa imilenze xa kutyandwayo.
- Club foot.** Ukuimala konyawo. Abanye abantwana bavela benakho.
- Coagulation.** (*clotting*). Uhlobisa.
- Cocaine.** Ngawona mandla eyeza ekuthiwa yi-coca. Idambisa iintlungu endaweni. Khangela *Anaesthetics*.
- Coccyx.** Ithambo lomsila.
- Coccydynia** (pain in the coccyx). Ziintlunu ezikwithambo langasemva lokuhlala.
- Cod-liver oil.** Amafutha esibindi sentlanzi ekuthiwa yi-cod.
- Colic.** Ukuluma kwesisu.
- Collapse.** Ubuthathaka obukhulu obufika ngesiquphe.
- Colles' fracture.** Ukwaphuka kwethambo lesihlahla kwicala losithupha (*radius*) okusangwa kukuxhathisa ngesandla wakuwa.
- Collodion.** Liyeza lokutywina kwindawo chlatyiweyo ukugqumelela njengesikhumba.
- Colitis.** Ukudumba kobolobolo.
- Colon.** Ubolobolo.
- Colon bacillus.** Uhlobo *Iwe-bacteria* oluba kubolobolo. Alunangozi khona, kodwa xa lumphumele ngaphandle kubolobolo lwenza usiovu obunukayo.
- Colostomy.** Utyando lokwenza intunja kubolobolo. Khangela *Artificial anus*.
- Colostrum.** Isigqoro.
- Colour-blindness.** Ukungabi nakho ukwahlula

imisala ngakumbi ebowmvu neluhlaza. Abanye abantu bazarwa benjalo.

**Coma.** Ukuwa isiduli.

**Comatose.** Owe isiduli.

**Comminuted fracture.** Ithambo elityumkileyo.

**Compound fracture.** Ithambo elaphukileyo elinenheba.

**Compress.** Yintwana *yc-lint* nokuba *yi-gauze* emanzisiweyo ephindiweyo ebotshelelwa nokuba kuphina emzimbeni, ukwenzelwa ukucinezela. Inokugqunywa *nge-jaconet* umhlawumbi iyekwe yome.

**Compression of the brain.** Ukucinezeleka ebuchotsheni okubangwa ligazi (emva kwengozi), okanye ubovu, okanye simbi isizathu.

**Concussion of the brain.** Ingozi yobuchopho ebangwa kukuva mhlawumbi kukubethuka. Umntu awe isiduli ixe/a.

**Condyloma.** Isilonda esiphakamileyo kumva wabantu abanegcu/uwa.

**Confinement.** Ukuboleka.

**Congenital.** Isifo nokuba kukulimala kwemvela.

**Congestion.** Ukuqokelelana kwegazi ndaweni nye.

**Conjunctiva.** Sisikhunjana esigquma icala eli-mhlophe lembumbulu yeliso nangaphakati kwenkophe.

**Conjunctivitis.** Ukudumba kwesi sikhunjana.

**Constipation.** Ukuqhina.

**Consumption.** Isifo semiphuunga.

**Contagious.** Ukwanda ngokuphatha.

**Contraction.** Ukufinyela.

- Contracture.** Ukuwabana, okanye ukufinyela kwendawo xa kuhphola inxeña lokutsha, okanye emva kokusophapha okuthe nkqi.
- Contusion on head.** Ingongoma.
- Contusion on body (bruise).** Umvimbo,
- Convalescence.** Ukuchacha.
- Convulsions.** Ukuxhuzula komzimba.
- Cord.** Imfesane.
- Corn.** Ikonj.
- Cornea.** Yindawo ecacileyo yembumbulu yeliso ngaphambili.
- Corrosive, sublimate (perchloride of mercury).**
- Yi-antiseptic.* Khangela *Antiseptics.*
- Coryza.** (commonly called "a cold in the head"). Ukuthi mfixi.
- Counter extension.** Ukutsala ngasentla xa imilenzze itsalelwana ngezantsi.
- Cradle.** Uphahlala lokuthintela usunzima sengubo phezu komzimba emva kwotyando lwestisu nokuba ngumlenze owenzakeleyo.
- Cramp.** Inkantsi.
- Cranium.** Ukakayi.
- Crede's method.** Ukukhupha umkhaya ngokucinezela.
- Creosote.** *Yi-antiseptic* eyenziwe ngetela. Isetyenziiselwa ukupogelwa ngabantu abanesifo semiphungu.
- Crisis.** Ukuphela kwesifo ngesiquphe. Usufusu buehla kamsinya, umntu uya bila.
- Croup.** Khangela *Laryngismus stridulus.*

**Cupping (wet).** Ukulumeka. (*Dry cupping is done without making cuts*).

**Curette.** Intsimbi yokukwela.

Uterine curette. Yokukwela esibelekweni.

Adenoid curette. Yokukwela emqaleni ngasentla. Khangela *adenoids*.

**Cyanide gauze.** Uhlobo lwe-gauze ene-antiseptic ekuthiwa yi-cyanide

**Cyst.** Ukudumba okukhula kade okufana nenxhowa. Ngaphakathi kuña namanzi nokuba yinto ethambileyo. Ziintlobo ngeentlobo.

**Cystitis.** Ükukrala kwenwebu yesinyi.

**Cystocele.** Ukuxifilika kwesinyi. Loo nto ißangelwa kukußeleka nzima.

**Cystoscope.** Intsimbi yokukhangela phakathi kwestinyi.

## D.

**Dactylitis.** Ukukrala komnwe nokuba luzwane.

**Dacryocystitis.** Ukukrala kwenxhowa yenycembezi.

**Deaf-mute.** Umntu onto mbini, osisidenge nosisthulu.

**Debility.** Usuthathaka. Eli lizwi-debility lisetyenziswa xa umntu ange nasifo, esuthathaka kodwa mhlawumbi ngenxa yokungafumani kutya kulgileyo.

**Decoction.** Amanzi aphekwe neyeza.

**Decomposition.** Ukußola.

**Defecation.** Ukuya endle.

<b>Deformity.</b>	Ubulima.
<b>Deglutition.</b>	Ukuginya.
<b>Delirium.</b>	Ukubuda.
<b>Delirium tremens (D.T.)</b>	Ukubuda nedumbe elisangwe luselo lwexe/a elide.
<b>Delivery.</b>	Ukuboleka.
<b>Deltoid.</b>	Isihlunu esigquma ubutsolo begxalaba.
<b>Delusion.</b>	Ukuzimisela kumcamango olahlekitayo uphikise nobunqhina bokuba loo nto ayiyonyani. Luphawu logezo.
<b>Dementia.</b>	Inqondo ebuthathaka, mhlawumbi ngenxa yobudala mhlawumbi ngenxa yesifo sobuchopho.
<b>Dengue.</b>	Isifo esifana nomkhuhlane, esithwalwa kubantu ngabantu luhlobo lwengcongeoni ekuthiwa yi- <i>Aedes argenteus</i> .
<b>Dental.</b>	Ebekisele emazinyweni.
<b>Dentist.</b>	Iggira lamazinyo.
<b>Dentition.</b>	Ukuphuma kwamazinyo. (Umntwana usumana amasumi amabini. Umntu omkhulu unamasumi amathathu anambini.)
<b>Denture.</b>	Uhloholo lwamazinyo afakelweyo.
<b>Deodorant.</b>	Iyeza lokut/habalalisa ivumba elibi.
<b>Deposit.</b>	Intlenga.
<b>Dermis.</b>	Ical a clingaphakathi lesikhumba clingingqwa ( <i>i-epidermis</i> licala clingingphandle.)
<b>Dermatitis.</b>	Ukukala kxesikhumba.
<b>Dermoid cyst.</b>	Inxhowana emzimbeni ebanento efana nesikhumba neenwele namafutha.
<b>Desquamation.</b>	Ukobuza. Uyobuza, <i>he is peeling</i> .

**Diabetes.** Isifo esichithisayo kakhulu. Kubakho iswekile emntsontsweni.

**Diagnosis.** Isigqibô sikaggija sokuba umntu una-kufa kunina.

**Diaphoresis.** Ukuñila.

**Diaphoretics.** Amayeza abangela ukuñila

**Diaphragm.** Isiqwanga esiphakathi kwesisu nesifuba.

**Diarrhoea.** Urudo.

**Diastole.** Isithutyana esiba kho xa intliziyo iyeke-lelayo phakathi kwamaxesa okubetha kwayo.

**Dicrotic pulse.** Ukuñetha komthambo (*pulse*) ngokungathu ubetha kabini. Uviwa kwiziso ezi-thile.

**Diet.** Ukutya okutyiwa sisiguli.

**Digestion.** Ukwetyisa.

**Digitalis.** Iyeza lokuqinisa intliziyo. Liyenza ingabethi kamsinyane.

**Dilatation.** Ukunwebeka (kwentliziyo nokuba lu-lusu.)

**Dilate.** Ukunweba.

**Dilator.** Intsimbi yokwandisa nayiphina indawo ecutheneyo.

**Dill water (Aqua anethi).** Iyeza lokubodlisa usana (*Dose,  $\frac{1}{2}$  to 1 teaspoonful mixed with an equal quantity of warm water.*)

**Diphtheria.** Isifo somqala esisulelayo. Kubo kho inwebu encinane engwevu emqaleni. Inokunwezelu ihle nomqala, aze afe umntu kukufuthaniseleka.

- Diplococci.** I-bacteria ezinqhukuvana ezikhula ngambini. Khangela *Bacteria*.
- Director.** Intsimbi nemfanta esetyenziselwa ukukhokela imela.
- Disinfectants.** Amayeza okuthintela ukusulelwazizifo.
- Dislocation.** Ukuzenxa kwethambo endaweni yalo (igxalaba, nehleza nomhlathi—ezi ngokungaphezulu).
- Dispensing.** Ukudisanisa amayeza.
- Dissection.** Ukusikwa kwesidumbu, sicazululwa ukwenzela ukufunda zonke iindawana esakhiwe ngazo.
- Diuretics.** Amayeza okwandisa umntsontso.
- Dorsum or back of body.** Umhlana.
- Dorsum or back of foot.** Phezu konyawo.
- Dorsal.** Ngasemhlana.
- Douche.** Ugalelwa kwamanzi ngamandla.
- Drachim.** Ubunzima—60 grains. Khangela *Grain*. Isilinganiselo ngamathontsi angama 60. Khangela *Minim*.
- Drainage tubes.** Imibobo ye-rubber yokufakwa kumanxeba achizayo. Iya siyafiyana ngobukhulu.
- Draw-sheet.** I-sheet enqumleza ebedini phantsi kwesiguli.
- Dressing.** Ukuhotshwa kwezilonda.
- Dropsy.** Amanzi angaqhelekileyo, abasemzimbeni. Adla ngokuhamba nesifo sentliziyo nesezintso.
- Drum of the ear.** Inwebu engaphakathi kwendlebe.

**Duodenum.** Isiqalo sethumbu elincinci.

**Dwarf.** Umntu ongakhulanga ngokupheleleyo.

**Dysentery.** Isisu segazi.

**Dyemenorrhœa.** Intlungu xa umntu esexefeni.

Isiluma.

**Dyspepsia.** Ukungetyisi kakuhle.

**Dyspnæa.** Iphika.

## E.

**Ear.** Indlefe.

**Eechymosis.** Ingqokelela yegazi ngaphantsi kwesikhumba elisafe kwimijelwana yegazi. Ikholis ukußangelwa kukuxhuzula.

**Eclampsia.** Ukuxhuzula okunziima xa umntu efeleka, mhlawumbi ngaphambili, mhlawumbi ngasemva kokubeleka.

**Ectopic gestation.** Ukußa nzima okungaphandle kwesibeleko.

**Eczema.** Ukußala kwesikhumba ngaphandle. Kubangelwa zizinto ezahlukahlukileyo. Kubza ziintloßo-ntloßo. Kukwafizwa ngokuthi yi-*dermatitis*.

**Effervescent drink.** Isiselö esiphuphumayo nokuba liyeza.

**Effusion.** Ingqokelewano yamanzi emzimbeni njenga phakathi komphuunga nembambo (*pleurisy with effusion*).

**Elastic bandage.** Isibopho esolukayo.

**Elbow.** Ingqiniba.

- Electric cautery.** Ucingo lokut/hisa isikhumba nokuba inyama olufudunyezwa nge-electricity.
- Electricity.** Amandla ombane. Anokwenziwa ngabantu ngokuhlikihla nangezinye iindlela.
- Electrode.** Into encamini yocingo ekubekwa ngayo i-electricity emzimbeni.
- Elephantiasis.** Isifo esenza ukudumiba okukhulu kwemilenze. Sisifo samazwe afusu.
- Embolism.** Ukuhamba kwehlwili ngemithambo yegazi. Ukuba liyema ebuchotsheni, libanga ukufa kwecala. Khangela *Hemiplegia*.
- Embolus.** Ihlwili elihamba ngemithambo.
- Embrocation.** Iyeza elidityaniswe namafutha lokuhlikihla umzimba.
- Embryo.** Igama lokhozo ngenyanga ezimbini zokuqala.
- Emesis.** Ukukhupa ngasentla. Ukuhlanza.
- Emetic.** Iyeza lokukhuphisa ngasentla.
- Emetine.** Awona mandla eyeza eliyi-ipecacuanha. Lifakwa ngenaliti phantsi kwasikhumba ukuphilisa isisu segazi.
- Emphysema.** Isifo esifa semihpuungeni, kuthi iminxuma engenisa umoya ivuthelane lize igazi lingahlaziyeki. Sidla ngokulandela uxakaxa *bronchitis*.
- Surgical emphysema.** Umoya phantsi kwesikhumba. Le nto idla ngokuba kho emva kokwenzakala komphunga nokuba nguqhoqhoqhoze kuge kho inxeba.
- Emplastrum (plaster).** Iyeza eliqatywe elaphini.

**Empyema.** Ingqokelelwano yofu bovu obuphakathi kwembambo nemiphunga kwi-*pleura*.

**Emulsion.** Amafutha adityaniswe namanzi nentlaka abe ngamathontsi amancinane amafutha abe mhlophe.

**Enamel.** Umphandle olukhuni wezinyo.

**Encephalitis lethargica.** Ukukrala kobuchopho okuthi kubangle ubuthongo. Ngamanye amaxesa esi sifo sidla ngokuhla njenge-*epidemic*.

**Endemic disease.** Isifo esisoloko sikho ebantwini endaweni ethile.

**Endocarditis.** Ukukrala kwenwebu yentliziyi ngaphakathi. Kudla ngokuſa kho kunye ne-*rheumatism*. Khangela *Rheumatism*.

**Endocardium.** Inwebu yentliziyi ngaphakathi.

**Endometritis.** Ukukrala kwenwebu yesibileko ngaphakathi.

**Endometrium.** Inwebu yesibileko ngaphakathi.

**Enema.** Ucimo.

**Enema syringe.** Umbobo wokucima wenziwe nge-rubber.

**Enteric fever.** Icesina yamathumbu.

**Enteritis.** Ukukrala kwenwebu engaphakathi kwe-thumbu elincinci. Esi sifo sibanga iintlungu nortudo.

**Enteroptosis.** Ukujinga kwamathumbu okubangwa bsbuthathaka benyama yesisu.

**Enterostomy.** Ukuggoboza ethunjini ngotyando.

**Entropion.** Ukugobela ngaphakathi kwenkophe.

**Enucleation.** Ukuqulula ngotyando, kweliso umhlawumbi kwelisa.

- Ephedrine.** Awonamandla e-ma huang. Umsebenzi wawo usana ne-adrenalin.
- Epidemic.** Isifo esidla ngokuhla abantu abaninzi ndaweni nye ngexesa elinye.
- Epidermis.** Umphandle wesikhumba somzimba.
- Epigastric.** Ebekisele elucabangeni.
- Epigastrium.** Ucaabanga.
- Epiglottis.** Ugovane.
- Epilation.** Ukuncotula inwele.
- Epilepsy.** Isathuthwane.
- Epileptic.** Ebekisele esathuthwaneni.
- Epiphyseal cartilage.** Intlala eyahlula umphakathi wethambo kwisiphelo salo xa lisakhulayo.
- Epistaxis.** Ukopha ngempumlo.
- Epsom salts (*Magnesium sulphate*).** Isolisi. Liyeza lokuuhambisa.
- Epulis.** Iqhubu clikhula entsinini.
- Erb's paralysis.** Ukufa kwegxalafia nengalo. Kubonakala ngamanye amaxesa kusana olubelekwe nzima.
- Ergot.** Liyeza lokuwaqelisa isibeleko. Linqamla ukopha okugqithileyo emva kokubeleka. Lingaze lisetyenziswe phainbi kokusieleka.
- Ergotin (*also called ergnutin*).** isongo se-ergot esi fakwa ngenaliti phantsi kwesikhumba.
- Erosion.** Ukudleka.
- Eruption,** Injadukane.
- Erysipelas.** Isifo sesikhumba. Siqala ngenxesha mhlawumbi ngokwaso. Isikhumba siyafukuka sibefusu sibefomvu. Sinwenwezele nomzimba.

**Umntu ubanofusufu obukhulu.** Siya sulela ngokuphatha.

**Erythema.** Ukukfala kwesikhumba okungasuleliyo.

**Erythema nodosum.** Luhlofo lwe-*erythema* olunendawana edumbileyo, emilzeni ngaphambili.

**Esbach's method.** Yindlela yokulinganisa i-*albumin* emntsontsweni.

**Eserine.** Liyeza lokugalela emehlwani ukusinga ukhozo lweliso nokuthambisa imbumbulu.

**Ether.** Liyeza lokulalisa (*general anaesthetic*). Khangela *Anaesthetics*.

**Ethyl chloride.** Liyeza lokulalisa (*general anaesthetic*).

**Etiology.** Imsundiso yembangi yesifo.

**Eucaine.** Liyeza elifana ne-*cocaine*. Khangela *Cocaine*.

**Eucalyptus.** I-oli ye-gamtriya esetyenziselwa ukupogolwa ngabantu abanomkhuhlane. Isetyenziswa nasemafutheni.

**Eusol.** Yi-*antiseptic*. Yenziwa ngokudibaniwa i-*chlorinated lime* ne-*boric acid* namanzi.

**Eustachian tube.** Umbobo osuka emqaleni uye endlebeni ngaphakathi.

**Evacuation.** Ukuzithuma.

**Evaporate.** Ukoma.

**Evaporating lotions.** Amanzi adibene neyeza eku-fakwa ilaphi kuwo libekwe kwindawo eyenzakeleyo lide lome. Aya yibandisa loo ndawo abekwe kuyo.

**Exacerbation.** Ukuhula kamsinya kwecesina nokuba sesiphina isifo.

- Exanthemata.** Izifo ezsulelayo ezifa nenjadukane.
- Excision.** Ukusikwa nokukhutshwa kwendawo ethile emzimbeni enjengelungu.
- Excoriation.** Ukuxuzuka kwesikhumba.
- Excreta.** Umchitho nethafa.
- Exophthalmic goitre.** Uhlobo lwe-goitre olwenza amchlo athi phuhlu. Sisiso. Khangela *Goitre*.
- Exophthalmos.** Ukuthi phuhlu kwamehlo.
- Expectorants.** Amayeza anokunceda umntu ukukupha izikhohlela.
- Expectoration.** Izikhohlela.
- Extension.** Isolulo.
- Extensor muscles.** Inyama cyolula inyama egobayo.
- Extra-uterine pregnancy** (*ectopic gestation*). Ukuba nzima ngaphandle kwesibeleko.
- Extravasation of blood.** Ukuphuma kwegazi emithanjeni phantsi kwesikhumba, nokuba kukophela ngaphakathi.
- Extravasation of urine.** Ukuphuma komntsontso phantsi kwesikhumba.
- Extremities.** 1. *Upper extremities.* Iingalo.  
2. *Lower extremities.* Imilenze.
- Extroversion of the uterus.** Ukuphenduleleka kwesibeleko.
- Exudation.** Ukuphuma kwamanzi mhlawumbi adityaniswe negazi emithanjeni phakathi kwendawo ekgalayo.
- Eye.** Iliso.

## F

**Facial.** Ebekisele ebusweni.

**Facies.** Imbonakalo yobuso besiguli.

**Faecal.** Ebekisele ethafeni.

**Faeces.** Ithafa.

**Fahrenheit.** Isikali senkoliso yee-thermometer ezi-setyenziswayo. Incam yomkhence ingamabanga angama-32. Isimo sobusufu bomzimba womutu 98.4 amabanga ; incam yokubila kwamanzi amabanga angama-212.

**Faint.** Ukuwa isiduli.

**Fallopian tubes.** (uterine tubes). Imibobo emibini ekho ngenxa zombini zesibeleko.

**Faradism.** Luhlobo lwe-electricity olunokuxhuzula ngokukhawuleza okuphinda-phindiwego.

**Farinaceous Food.** Ukutya okwenziwe ngomguubo.

**Fasting.** Inzila.

**Fatty degeneration.** Ukuguquka kwenyama entliziyo ibe ngamanqatha. Ibangwa bitywala.

**Fauces.** Isithuba phakati kwe-tonsils emqaleni.

**Favus.** Isifo esisulelayo esisesikhumbeni sentloko.

**Fehling's solution.** Iyeza lokuxilonga umntsontso ukuqonda ukuba uneswekile na.

**Femoral artery.** Umthambo wethang'a.

**Femur.** Ithambo lethang'a.

**Fetid.** Enevumba elifi.

**Fetor.** Ivumba elifi gqitha.

**Fever.** Icesina. Izifalula ngobusufu bomzimba.

**Fibre.** Usinga.

Fib	ENGLISH-XHOSA	Form
<b>Fibroid tumour.</b>	Liqhusu elilukhuni elikhula esibelekweni.	
<b>Fibula.</b>	Ithambo elikwicala elingaphandle kuxhongo.	
<b>Filix mas (Malefern).</b>	Liyeza lokusulala iphalo.	
<b>Fissure of the anus.</b>	Ukucandeka komva.	
<b>Fistula of the rectum.</b>	Ukugqabuka phakathi kwethuniba nesikhumba. <i>Vesico-vaginal fistula.</i> Umnxhuma esinyini. <i>Recto-vaginal fistula.</i> Umnxhuma ethunjini. Ezi zisangelwa kukuzeleka nzima.	
<b>Fit.</b>	Isathuthwane.	
<b>Flap.</b>	Isilenga-lenga sesikhumba nenyama esisikiweyo ukuphetha phezu kwesifunqe.	
<b>Flat foot.</b>	Unyawo olungenaphango. Lukholisa ukuša kho kufantu abatsha afiamsebenzi ukholisa ngokuma.	
<b>Flatulence.</b>	Umoya esiswini.	
<b>Flatus.</b>	Umoya esiswini.	
<b>Flea.</b>	Intakumba.	
<b>Flexion.</b>	Ukugoba.	
<b>Flexor muscle.</b>	Isihlunu esigobayo.	
<b>Flooding.</b>	Ukopho okugqithileyo okusuka esibelekweni.	
<b>Fluctuation.</b>	Ukuthamba endaweni edumbileyo okucofeka ngathi kukho ubovu.	
<b>Flushing.</b>	Ukuša nesifuthu-futhu.	
<b>Foramen.</b>	Umnxhuma osethanjeni.	
<b>Fœtus.</b>	Ligama elinkwa umntwana ongekazalwa.	
<b>Foment.</b>	Ukuthoba.	

**Fomentation.** Ilaphu elikhanywe emanzini abi-layo, mhlawumbi aneyeza.

**Fomites.** Impahla ezihangene nesiguli ebesisifa sisifo esisulelayo.

**Fontanelle.** Ufokotho.

**Forceps.** Sisibambo sentsimbi esisetyenziswa xa kutyandwayo.

**Forehead.** Ibhunzi.

**Formalin.** Yi-antiseptic. Khangela *Antiseptics*.

**Fowler's position.** Indlela abekwa ngayo umntu emva kokyando esiswini. Umntla usekelwa nge-miqamelo ngasemva abebuhlala, namadolo asekelwe.

**Fracture.** Ukwaphuka kwethambro.

**Friars balsam (compound tincture of benzoin).**

Liyeza eligalelwu emanzini abilayo. Kufozelwa umphunga.

**Friction.** Ukukhuhlekwa.

**Frontal.** Eyebhunzi.

**Fumigation.** Ukuqhumisa egumbini nge-sulphur nezinye izinto.

**Function.** Intsebenzo yendawo ethile enomsebenzi wayo emzimbeni.

**Functional disorder.** Ukungasebenzi kakuhle kwendawo ethile emzimbeni njengentliziyo (*uvalo*) nosuchopho (*i-hysteria*). Khangela *Hysteria*.

**Fundus of the uterms.** Umntla wesibeleko.

**Fungus.** Ukungunda.

**Funis (Umbilical cord).** Imsesane.

**Fur.** Ukunchola kolwimi okukholisa ezifiveni na-kwezinye izifo.

## G.

**Gag.** Intsimbi yokugcina umlomo uvulekile.

**Gait.** Uhlobo lokuhamba.

**Gall.** Inyongo.

**Gall bladder.** Isingxobo senyongo.

**Gall stones.** Amatyé enyongo.

**Gallon.** Sisilinganiselo sento emanzi, engange-*pawayinti* ezisibozo.

**Galvanism.** Uhlobo lwe-electricity oluhamba kuhle.

**Galvano-cauterization.** Ukutshisa ngocingo olufudunyeziweyo nge-electricity.

**Gamgee tissue.** Uboya obumanywe ne-muslin.

**Ganglion.** (1) Iqhubu elibakho emthanjeni (*nerve*).  
(2) Uhlobo lwelifa esihlahleni.

**Gangrene.** Xa igazi lingangeni endaweni ngenxa yengozi nokuba busbudala, loo ndawo iya fiola.

**Gargle.** *To gargle* : Ukukraqaza. *A gargle* : iyeza lokukraqaza.

**Gastralgia.** Ubuhlungu bolusu lomntu.

**Gastric.** Ebekisele eluuswini lomntu.

**Gastric juice.** Incindi yoluusu eyetyisayo.

**Gastritis.** Ukukrala kwenwebu yoluusu ngaphakathi.

**Gastro-enteritis.** Ukukrala kwenwebu yoluusu namathumbu okubanga ukukhupha nokufuda.

**Gastro-enterostomy.** Uqangqululo lokwenza umnxhuma esithubeni esiphakathi koluusu nesiqingatha sesibini salamathumbu mancinane.

**Gastrostomy.** Ukwenza umnxhuma eluuswini lomntu.

- Gauze.** Ilaphi eliktele-ktele elisetyenziselwa ukubophya amanxeba.
- German measles.** Uhlobo lwemasisi.
- Germs.** Bacteria. Khangela *Bacteria*.
- Gestation.** Ukumitha.
- Giddiness.** Isiyezi.
- Ginger.** Ijinjala.
- Girdle pains.** Ingqaqambo ezibijela umzimba, zibangelwa sisifo emqolo.
- Glanders.** Isifo samahase esinokusulela abantu bafe.
- Glands : Lymphatic Glands.** Amadlala
- Salivary glands.** Amadlala aphahle umlomo awenza amathe.
- Sweat glands.** Amadlala amancinane kakhulu esikhumbeni enza ukubila.
- Gastric glands.** Amadlalana amancinane kakhulu eluuwini. Incindi yokwetyisa. Nezinye iintlobo ngeentlobo.
- Glandular fever.** Isifo esifukhali esisulelayo sibangele ukudumba kwamadlala.
- Glaucoma.** Isifo samehlo ekuthi imbumbulu zibé lukhuni. Xa sihle ngesiquphe simenza umntu angaboni ngeentsuku ezimbalwa ukuba akathanga anyangwe kaünsinya.
- Glaxo.** Ukutya kweentsana okwenziwa ngobisi olomisiweyo lwangumguño.
- Glioma.** Uhlobo lomhlaza olukhula ebuchot/heni.
- Globus hystericus.** Isigqukru.
- Glossina.** Impukane elumayo (*tsetse fly*) etyhu-

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- tyhisa esi silwana sokufa koßuthongo (*sleeping sickness.*)
- Glossitis.** Urukala kolwimi.
- Glottis.** Isithuba esiphakathi engquleni ekungena ngaso umoya. Sisithuba esiphakathi kwe *vocal cords.*
- Glucose.** Iswekile yediliya.
- Gluteal.** Ebekiselele empundwini.
- Glycerine.** Amafutha angamanzi. Angenabala, aliyeza.
- Glycosuria.** Iswekile emntsontsweni. Khangela *Diabetes.*
- Goitre.** Ukudumba kwe *thyroid gland* entanyeni ngaphambili.
- Gonococcus.** I-germ ebangela i-gonorrhœa Khangela *Gonorrhœa.*
- Gonorrhœa.** Urukala okunobovu kombobo ophuma umchitho. Kuyosulela kubantu abangaziphathi kakuhle.
- Gouge.** Intsimbi yokuqandula amathambo.
- Gout.** Sisiso.
- Grafting : Skin grafting.** Kusikwa intwana yofele kwindawo ephilileyo kuze kumiliselwe esilondeni ngakumbi sokutsha.
- Grain.** (1) Ukhozo. (2) Umlinganiselo omncina-ne kakhulu osetyenziselwa ukulinga ubunzima famayeza.
- Gramme.** Ubunzima obulingana ne- $15\frac{1}{2}$  grains.
- Granulations.** Ukuhluma kwenyama entsa esilondeni xa sipholayo.

**Granular lids.** Inkophe ezifwexayo. Khangela  
*Trachoma.*

**Graves' disease.** Khangela *Exophthalmic goitre.*

**Gravid.** Ukumitha.

**Greenstick fracture.** Ithambo elaphuke nje ngoluthi oluluhlaza. Ngamathambo abantwana bodwa aphuka ngolohlofo.

**Gregory's powder.** Iyeza lokuhambisa *lin-rhubarb nejinjala ne-magnesia.* Khangela kwezi-khankanyiweyo.

**Grey matter.** Inxalenye yosuchopho engwevu.

**Grey powder.** Iyeza lokuhambisa kufantwana; *line-mercury ne-chalk.*

**Groin.** Umphakatho.

**Gruel.** Isidudu esingamanzi esenziwe nge *oatmeal* size sihluzwe sigalelwé iswekile nokuba yityuwa nje ngoko kusunekayo. Iya sana nenembe.

**Gullet.** Ummizo.

**Gumma.** Iqhubu elithambileyo elikhulayo xa umntu enegcu/uwa iminyaka embalwa.

**Gas.** Ithontsi.

**Gynaecology.** Isisundo sezifo ngakumbi kußafazi.

## H.

**Hæmatemesis.** Ukuhlanza igazi. Ukukhupha igazi elivela eluuwini elineßala elintsundu. Lifana nemula yekofu. Likholisa ngokuba nezigaqa xa livela empumlweni mhlawumbi emphuungeni laza laginywa.

**Hæmatoma.** Ukudumba okuzaliswe ligazi.

- Hæmatosalpynx.** Igazi eliqokelelene kwi-uterine (*Fallopian tube*). Yenziwa kukuſa nzima ngaphandle kwesiſeleko kwi-uterine *tube*.
- Haematuria.** Igazi emntsontsweni.
- Haemoglobin.** Igala elisomvu legazi. Eli sala lihlala phakathi kwi-red *corpuscles*.
- Haemoglobinuria.** Umntsontso ono-*haemoglobin*. Khangela *Haemoglobin ne-Blackwater fever*.
- Haemophilia.** Imfuza ebangela ukuſa umntu asumane ophe.
- Haemoptysis.** Urukohlela igazi.
- Haemorrhage.** Ukopha.
- Haemorrhoids, piles.** Ukudumba kwemithambo veins ngaphakathi nokuſa kungaphandle komva. Ngamanye amaxesa iyopha.
- Haemostatic.** Into enokuphelisa ukopha.
- Haemothorax.** Igazi phakathi kompuunga nemambö kwi-pleura. Khangela *pleura*.
- Hallucination.** Xa umntu acinga ukuſa ubona into nokuſa uva izandi, ezo nto zonke zingekho.
- Hammer toe.** UKulimala kozwane ekuthi olunye uwane lugobe. Lwenziwa kukunxiba izihlangu eziqinileyo.
- Hard chancre.** Isilonda esilukhuni sokuqala kwegecuwa.
- Hare lip.** Ngamanye amaxesa umntwana uya zalwa umleſe wangentla ucandekile mhlawumbi bucala mhlawumbi kuwo omaſini. Ufana nowomvundla. Le nto kuthiwa yi-*Harelip*.
- Hay fever.** Abanye abantu haya gula xa besebe-

nza nokuba sekufuphi nothuli Iwencha. Baya thimla kakhulu. Esi sifo kuthiwa *yi-hay fever*.

**Headache.** Lintlungu entloko.

**Head retraction.** Ukuqethukela kwentloko ngase-mva. Kubangelwa kukuthi nkwa kwenyama zentamo. Uphawu *lwe-meningitis*. Khangela *Meningitis*.

**Heart.** Intliziyo.

**Heartburn.** Isilungulela.

**Heat stroke.** Uhlobo lokuwa olusangwa kukuzi-gqatsa ebusufwini obugqithileyo.

**Hegar's dilators.** Iintsimbi czivula isibeleko.

**Hemianaesthesia.** Ubudindifolo fecala lasekune-ne nokuba lelasekhohlo.

**Hemiplegia.** Ukufa kwecala elinye lomzimba, mhlawumbi lasekunene, mhlawumbi lasekhohlo.

**Hemispheres.** Amacala amabini obuchopho.

**Hepatic.** Ebekisele esibindini.

**Hepatitis.** Ukudumba kwesibindi.

**Heredity.** Imfuza.

**Hermaphrodite.** Umntwana ekunzima ukwahlula ukuba uyinkwenkwe nokuba uyintombazana.

**Hernia.** Intwana yethumbu, ephumileyo phantsi kwsikhumba njengogqongo. Le nto ibakho nakwezinye indawo ezingaphandle kwenkaba.

**Herpes.** Ukudumba kwengcambu ezingemva zemithambo (*nerves*). Esi sifo siphawulwa ngamadyungu-dyungu amancinane apho le mithambo ifika esikhunjeni. Sibuhlungu.

**Hexamine.** Iyeza eliselwayo lokuthintela okanye libulale *i-bacteria* esinyini. Khangela *Bacteria*.

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- Hiccup.** Ukukhutuya.  
**Higginson's syringe.** Khangela *Enema syringe*.  
**Hip joint.** Usikqotyana.  
**Hip joint disease: tuberculous.** Isifo sika sikqofana.  
**Hob-nail liver.** Isifo sesibindi siiba namaqhakuva.  
     Khangela *Cirrhosis*.  
**Hodgkin's disease.** Ukukhukhumala kwamadlala jikelele.  
**Homatropine.** Iyeza elifana ne-*atropine*. Khangela *Atropine*.  
**Hook worms.** Khangela *Ankylostomes*.  
**Hormone.** Khangela *Internal secretion*.  
**Housemaid's knee.** Ukudumba kwenxhowana esedolweni ngaphambili.  
**Humanised milk.** Ubisi lwenkomo oluguqulweyo lufana nelomntu.  
**Humerus.** Ithambo lengalo.  
**Hycol.** Uhlobo lwedipu. Khangela *Disinfectants*.  
**Hydatid.** Inxhowa enamanzi ekhula emzimbeni.  
     Ngamanye amaxefa enkulu iba nezinye ezincinane czikhula phakathi kwayo. Ezi nxhowa zizilwana.  
**Hydatidiform mole.** Isifo esihla komithiyo, ekuthi esi sinxhofo sigubungele imvambilini sijike sikhule sibe zizinto ezinqhukuva ezifana nezipha zediliya ize imvambilini ise. Maxa wambi siphele ekubeni ngumhlazana (*cancer*).  
**Hydramnios.** Intlupha eninzi ngokugqithileyo ngaphakathi kwesibeleko.  
**Hydrargyrum.** Khangela *Mercury*.

**Hydrocele.** Inxhowa yamanzi ekhula ngaphantsi kumadoda amakhulu. Sisifo.

**Hydrocephalus.** Amanzi ebuchotsheni. Sisifo esikholise kubantwana. Siyibangele ukuša intloko iše nkulu.

**Hydrochloric acid.** Ubumuncu obenzeka eluuswi-ni emveni kokutya. Lukwanikwa nanjengeyeza.

**Hydrogen peroxide.** Yi-antiseptic engenangozi. Khangela *Antiseptics*. Yakudibana nokunchola yenza igwebu.

**Hydronephrosis.** Isifo esibangwa kukuqokelelana komntsontso entsweni ngenxa yokuvingecka kombobo osuka entsweni uye esinyeni (*ureter*) ukuze intso yande.

**Hydrophobia (Rabies).** Isifo sezinja (umgada) esizenza zibe nogezo. Ukuſa ilume ununtu ubanaso esi sifo.

**Hydrotherapy.** Ukusetyenzwa kwesifo ngokuse-benzisa amanzi ngaphandle nangaphakathi.

**Hygiene.** Ukwazi ukugcina impilo.

**Hyoid bone.** Ithambo entanveni phantsi kolwimi.

**Hyoscine.** Awona mandla eyeza eliyi-*Hyoscyamus*. Likwabizwa ngokuthi yi-*scopolamine*. Lidambisa ubuphaku-phaku lisetyenziselwa nokunciphisa iintlungu zenimba.

**Hyoscyamus.** Liyeza. Khangela *Hyoscine*.

**Hyper-.** Ingqithisa.

**Hyperacidity.** Ubuninzi bobumuncu obugqithisi-leyo bencindi yoluusu.

**Hyperplasia.** Ukukhula ngokugqithisileyo kwezi-nto ezakha inyama.

- Hyperpyrexia.** Ubuusu bomzimba obugqithileyo obusonakalisa ngamabanga ali 105 ubusu na-ngaphezulu. Bumelwe ukwaziswa kamsinya.
- Hypertension.** Ukutsaleka okugqithileyo kwegazi emithanjeni.
- Hypertrophy.** Ukukhula okugqithileyo kwendawo njengentliziyo.
- Hypnotic.** Iyeza elenza ubuthongo.
- Hypnotism.** Isimo sengqondo esifana nobuthongo esibangwa kukuqhutywa.
- Hypo-** Ngaphantsi okanye intwana encinane.
- Hypochlorhydria,** Ubumuncu obuncinane gqitha encindini yoluusu.
- Hypochondriac.** Umntu osoloko ecinga ngesisu sakhe azenze lusizana.
- Hypodermic.** Phantsi kwesikhumba. Eli ligama clinikwa ukufakwa kwamayeza phantsi kwesikhumba nge-*hypodermic syringe*.
- Hypogastric.** Elunge namazantsi esisu ngaphakathi.
- Hypogastrium.** Amazantsi esisu ngaphakathi.
- Hypopyon.** Ubusovu engontsini yeliso. Buhlala ezantsi kuloo ngontsi.
- Hysterectomy.** Ukukhutshwa kwesteboleko.
- Hysteria.** UKuswela ukuzilawula. UKungasebenzi kwengqondo kakuhle. Kusakho nokunyamalaza kokuzenzisa mhlawumbi ukukhala nokuhleka, nokusaleka neentlobo ezininzi zokungabi nakuzilawula. Yilento kuthiwa sisiphoso kanti kukuswela ukuzilawula.

## I

**Ichthyol.** Iyeza elisetynziswa kwizifo zesikhumba.

**Ichthyosis.** Isifo sesikhumba sidla ngokuſa yimfuza. Asisuleli. Isikhumba siſalukhuni ſiſwexe.

**Icterus (jaundice).** Igala elilubelu lesikhumba namehlo elibangwa kukuxubeka kwenyongo negazi.

**Idiocy.** Ubuthathaka obukhulu bengqondo bemvela. Ubudenge.

**Idiosyncrasy.** Isimo esisodwa kuñantu abathile esinjengokuſa bathi bakutya intlanzi bafe nesifo sesikhumba esibangela ukujawuzela nokujaduka.

**Idiot.** Isidenge.

**Ileum.** Isiphelo sethumbu elincinci.

**Iliac regions, right and left.** Umzantsi wesisu ngakwicala lasekunene nokuſa lelasekhohlo.

**Ilium.** Ithambo lehleza.

**Illusion.** Ukuphazamisa into oyibonayo nento engekhoyo.

**Imbecility.** Ingqondo engaphelele kakuhle nge-mvela.

**Immune.** Ukungabi nakho ukungenwa sisifo esisulelayo.

**Impaction.** Ukuñanjwa yitolofiya nokuſa sisiphingo nokuſa yinto ni na.

**Imperforate anus.** Umya wosana ovalekileyo.

**Impetigo.** Izilonda ezincinane ezinenkoko eziſakho ezintlokweni zabantwana, ziya sulela.

**Impulse of the heart.** Ukungomboza kwentliziyo eludongeni lwasifuba ngaphakathi.

**Incipient disease.** Isifo esiqalayo.

- Incision.** Usiko esikhumbeni ekuqaleni kotyando.  
**Incisors.** Amazinyo asibozo angaphambili.  
**Incoherent speech.** Intetho engavakaliyo.  
**Incompatible medicines.** Amayeza angena kuxutywa kunye.  
**Incompetence.** Ukungabi nakusebenza kakuhle.  
     Elo gama lisetyenziswa kwi-valves zentliziyo xa zingavaleki kakuhle.  
**Incomplete abortion.** Kuxa umntu aphume isisu ukopha kunganqumki nomkhaya ungekaphumi.  
**Incontinence.** Ukungabi nakuwusbamba umntsonso nokuşa lithafa.  
**Incoordination.** Ukuzama kodwa ungabi nakho ukwenza intsfukumo ezithile ngokuthe nciam.  
     Khangela *Ataxy* no-*Locomotor Ataxy*.  
**Incubation.** (1) Ixesa lokuphuma kwenkuku.  
     (2) Ixesa eliphakathi kokufuniana isifo esisulelayo kude kufie kukuqandusela kwaso.  
**Incubator.** Ikasi yokugecina fusu iintsana ezizelwe ngaphantsi kwexesa. Olunye uhlobo lusetyenzi-selwa ukukhulisa *i-bacteria*.  
**Indian hemp.** Umya.  
**Indigestion.** Ukungetyisi kakuhle.  
**Induration.** Ubulukhuni.  
**Inebriety.** Ubxunxila.  
**Inertia of the uterus.** Ukungasebenzi kakuhle kwesifielekho ekubelekeni.  
**In extremis.** Emngciphekweni wokufa.  
**Infant.** Usana.  
**Infanticide.** Ukubulala usana.  
**Infection.** UKusulelwia.

**Infectious diseases.** Iziso ezsilelayo.

**Inferior vena cava.** Umthambo omkhulu (*vein*) ovela emazantsi omzimba ozisa igazi kwicala lase-kunene lentliziyo.

**Inflammation.** Ukukfala.

**Inflation.** Ukuvuthelana.

**Influenza.** Umkhuhlane ohla afantu aba ninzingexesa elinye. Uphawulwa ngokuthi umntu alale ngesiquphe abe nentlungu emalungwini nasemqaleni.

**Infusion.** (1) Iyeza elitsalisiweyo njenge-ti ngoku-galelwaa amanzi abilayo

(2) Ukuhlohlha emthanjeni nokusa kuphantsi kwe-sikhumba amanzi a/fu (105 F) anetyuwa, icephe elincincane letyuwa epayinti yamanzi.

**Ingrowing toe nail.** Isimo esibuhlungu esibangela kukutshona kwecala lozipho lukabontsi enyameni. Sibangelwa kukunxiba izihlangu eziminxayo.

**Inguinal region, (Groin).** Umpifikatho.

**Inguinal hernia.** Ephuma emphakathweni. Khangela *Hernia*.

**Inhalation.** Ukufofela iyeza.

**Initial.** Isiqalo.

**Injection.** Ukungenisa iyeza emzimbeni ngenaliti.

**Innervation.** Isafelo endaweni semisontwana chambisa imiyalezo yobuchopho.

**Inoculation.** Ukuthintela isiso esisulelayo ngokuthi abantu basakwe eso siso ngendlela engenangozi njengoku-entu.

**Insanity.** Ukuphambana.

- Insertion of a muscle.** Ukunxulumana kwesihlu-nu naloo ndawo ifukunyiswa siso.
- In situ.** Endaweni yayo.
- Insomnia.** Ukungabi nabuthongo.
- Inpiration.** Ukuphefumla ngaphakathi.
- Instillation.** Ukuqhoqhoza iyeza.
- Instruments.** Iintsimbi zokusebenza oogeqipa.
- Insufflation.** Ukuvuthela ngeyeza elingumgubo ezindaweni eziziintunja zomzimba.
- Insulin.** Incindi engaphakathi yenjeke ebangela ukuqa izihlunu nezinye izinto ezakha umzimba ziqa nokusebenzisa iswekile esegazini, *glucose*.
- Inter-.** Esithubeni.
- Intercostal muscles.** Izihlunu eziszithubeni zembambo.
- Intention tremor.** Ukungcangcazela okubangela kukuzama ukufukuma.
- Intertrigo.** Ukutyabuka okubangwa kukubila nokukuhuhlana kweendawo ezimbini.
- Intestines.** Amathumbu.
- Intolerance.** Ukungabi nakunyamezela ukusebenza kweyeza elithile.
- Intoxication.** Ukutyhefa nge *alcohol* nokuba ngenye ityhefu.
- Intracranial.** Ngaphakathi kokakayi.
- Intramuscular injection.** Ukuhlolahla enyameni.
- Intravenous (inside vein).** Phakathi komthambo.
- Intubation.** Ukufakwa kombobo emqaleni uye-kwe apho. Yinto ethi ngamanye amaxesa yenzi-

we kubantwana abane-diphtheria endaweni yokusika uqhoqhoqho.

**Intussusception.** Ukungena kwenxalenye yethumbu elincinane kubolo-bolo, ikholise kubantwana ize yenze intintelo emathunjini.

**Inunction.** Ūkuhlilikla iyeza esikhumbeni nje ngamasutha ayi-*mercury* (*unguentum hydrargyri*).

**Inversion of the Uterus.** Ukuphendululeka kwesibileko.

**Involuntary action.** Sisenzo esenzeka ngaphandle kwemizamo yomntu—into enje ngentsukumo zamathumbu.

**Involution.** Ukufinyela kwesibileko emva kokuibileko. Kuthatha iinyanga ezimbini.

**Iodides.** Amayeza ane iodine edityaniswe namanye amayeza (*potassium iodide, iodide of iron, etc.*).

**Iodine (in Tinct. Iodi Mitis and Tinct. Iodi Fort.)** Iyeza elinamandla elimdaka. Le yokuqala (*mritis*) iqatywa esikhumbeni phambi kokutyandwa. Le yesibini (*fort*) inamandla kakhulu iqatyelwa ukudambisa iintlungu.

**Iodism.** Iintlungu entloko, nemfixane namaqha-kuva, ezibangwa kukusela kakhulu i-*iodine* noku-*ba* zi-*iodides*.

**Iodoform.** Iyeza elilubelu elinevumba lisetyenziswa nje ngomgubo. Lenzelwa ukubopha izilonda. Xa lisetyenziswa kakhulu liya phambanisa.

**Ipecacuanha.** Liyeza. Yingambu eyenziwa umgubo. Liya khuphisia (*emetic*). Khangela *Emetine*.

**Iridectomy.** Ukutyandwa kwe-*iris* kususwe intwana yayo.

**Iris.** Isangqa esimdaka esijkeleze ukhozo lweliso.

**Iritis.** Ukudumba kweso sangqa.

**Iron.** I-*iron*. Amayeza ane-*iron* kokutya kufuneka ukuxukuxa emva koko kuſa angcolisa amazinyo.

**Irreducible.** Engena kuſuyiselwa endaweni yayo ngokuphathwa ngezandla. Khangela *Hernia*.

**Irrigation.** Ukuhlambisa kwendawo ngokugalela amanzi aneyeza. Yenzelwa izilonda ezichizayo okanye amehlo.

**Irritant.** Iyeza elivisa iintlungu njenge-*mostade*.

**Ischium.** Ithambo lempundi.

**Isolation.** Ukubekwa bučala apho abanyeabantu gangena kuya.

**Itch.** Ukhwekhwe. Lwenziwa sisilwanyana ekuthiwa yi-*itch mite* nokuſa yi-*acarus*.

**Itchy.** Ukuſawuzela.

**Izal.** Yi-*antiseptic*. Khangela *Antiseptics*.

### J.

**Jacksonian Epilepsy.** Isathuthwane esibangwa yingozi entloko.

**Jalap.** Liyeza lokuhambisa.

**Jaundice.** Ibala elilubelu lamehlo nesikhumba lenziwa yinyongo egazini. Likholiswe kuſangwa sisifo sesibindi.

**Jejunum.** Indawo ephakathi kwethumbu clininan.

**Jeyes' fluid.** Liyeza lokuhlamba izinto kwizifo e-zisulelayo. Lenziwa ngetela yamalahle. Khangela *Disinfectants*.

**Jigger.** Uhlobo lweentakumba. Zingena esikhumbeni senzwane zenze izilonda ezibuhlungu. Zifunyanwa *e-Central Afrika*. Matekenya.

**Joint.** Ilungu.

**Jugular veins.** Imithambo emikhulu (*veins*) e-guyisa igazi entloko.

## K.

**Kaolin.** Umgutyanana ocolekileyo osetyenziselwa ukumvumvuzela umzimba ngaphandle ukwase-tyenziselwa ukunqumamisa ufulo. Khangela *Cataplasma kaolin*.

**Keloid.** Itywina.

**Keratitis.** Ukukala kwe-*cornea*. Khangela *Cornea*.

**Keratome.** Imela yokusika *i-cornea*.

**Kerol.** *I-disinfectant*. Khangela *Disinfectant*.

**Kidneys.** Izintso.

**Kleptomania.** Ugezo oluthandisa ukuuba.

**Knee.** Idol.

**Knock knee.** Ukulimala kwamadolo okusanga ukuuba adibane.

**Knee cap.** Ilivi.

**Knee jerk.** Ukuxhuzula komlenze ngokusetha edolweni phantsi kwelivi.

**Kyphosis (Humpback).** Ighusu eliba kubantu abane-*tuberculosis* yamathambo omqolo.

## L.

**Laboratory.** Indlu yokusebenza imisebenzi ethile yobulumko, njengase-*hospital* igumbi ekuxilongwa kulo igazi, nemintsontso nezinye izinto.

**Labour.** Ukuboleka.

**Labyrinth.** Umphakathi wendleše lo unentunja ezsabusangqa.

**Lacerated wound.** Inxeha elintleke-ntleke.

**Lachrymal gland.** Idlala lokwenza inyembezi.

Ihlala entla kweliso phantsi kwethambo.

**Lachrymal sac.** Inxhowa ezingena kuyo inyembezi. Ihlala ecaleni kombombo.

**Lactation.** Ukwanyisa.

**Lacteals.** Imibobo emincinane ethabatha amafutha emathunjini iwase egazini. La mafutha afana nobisi ekuthiwa *yi-chyle*.

**Lactic acid.** Ubumuncu 6aması.

**Lactose.** (*Saccharum lactis*). Iswekile yobisi.

**La grippe.** *I-influenza*. Umkhuhlane.

**Laminectomy.** Uqangqululo lokusika kususwe inxalenye yolucweewe lwamathambo omqolo.

**Laminotomy.** Uqangqululo lokulihlahla phakathi olu cwecwe lamathambo omqolo.

**Lancet.** Ingadla.

**Lanoline.** (*Adeps lanae*). Amasutha ofioya Segusa.

**Laparotomy.** Ukuqangqululwa kwesisu ngoggijia nokuba yinto ni na elungiswayo.

**Lard.** Amasutha ehangu.

**Laryngismus stridulus (croup).** Ukuminxeka kwale ntunjana iyi-glottis ngesaquphe umqala ungebuhlungu. Le nto ihla abantwana abancina-ne abane-rickets. Khangela *Glottis ne-Rickets*.

**Laryngitis.** Ukudumba phakathi kwengqula yenze ukutsha kwelizwi.

**Laryngoscope.** Isipiti sokukhangela phakathi kwengqula.

**Larynx.** Ingqula.

**Latent disease.** Isifo esikhoyo kodwa esingazi-bonakalisiyo.

**Lateral.** Ebekisele ecaleni.

**Laudanum. (Tincture of Opium).** Khangela *Opium*.

**Laughing gas. (Nitrous oxide gas).** Iyeza elilalisa ngokungenangozi lidambise intlungu okwethutyana, lisetyenziselwa ngakumbi ekuncothulweni kwamazinyo.

**Lavage.** Ukutha kuhlanjululwe uluusu okanye ubolo-bolo.

**Laxative.** Iyeza lokuhambisa elingenamandla makhulu.

**Lead.** Illothe. Amayeza athile enziwa ngayo. Asetyenziswe esikhumbeni. Ayityhefu xa aginyi-weyo.

**Leiter's coil.** Umbobo wentsimbi ofingekileyo osetyenziselwa ukuhambisa amanzi okuphozisa intloko okanye ezinye iindawo.

**Lembert's suture.** Indlela ethile yokuthunga i-thumbu.

- Lens.** Into engewengileyo engaphakathi kweliso.  
Xa ingangcwenganga sisifo umlanga.
- Leprosy.** Iqhenqa. Isilephere.
- Lesion.** Into eyonakeleyo emzimbeni womntu  
emva kwengozi nokuba kungesifo.
- Lethal.** Imvusa kufa.  
A lethal weapon. Isikali esinokubanga ukufa.
- Leucocyte.** Into emhlophe kwezi zinto igazi e-  
lenziwe ngazo. (*Leucocytes are the white cells of  
the blood.*)
- Leucoderma.** Iindawo esikhumbeni ezingenabala.
- Leucoplakia.** Isimo solwimi othi umphezulu lo  
ubc buthelezi ubc mhlophe obuktelektele.
- Leucorrhoea.** Ushovu obuphuma ngaphanthsi,  
nokuba yinto enjengamattheke-theke.
- Leukæmia.** Isifo segazi lithi libe mhlophe kanci-  
nane ngenxa yobuninzi *be-leucocytes*.
- Lice.** Intwala.
- Ligament.** Isiqwanga. Inkoliso yazo ye yokunxibe-  
lela amathambo ecaleni lalamungu.
- Ligation.** Uku bophpha umthambo wegazi.
- Ligatures.** Iintsinga ezisetyenziselwa ukubophpha  
imithambo yegazi xa kutyandwa.
- Lime.** Ikalika. *Chloride of lime (Bleaching powder).*  
Ikalika ene-chlorine. Khangela *Chlorine*.
- Lime water.** Amanzi ekalika.
- Lingual.** Ebekisele elwimini.
- Liniment.** Umchiza wokuhlikihla.
- Linseed meal.** Umgubo wembewu yesityalo ye-  
fulakisi.

**Linseed oil.** Amafutha esi sityalo.

**Lint.** Ilaphi eligudileyo ngelinye icala linoboya ngelinye. Lenziwe ngejali lisetyenziswa e-hospital.

**Lipoma.** Ilifa elingesiso isifo : liqhuma nje lama-nqatha.

**Liquor amnii.** Intlupha.

**Liquor.** Iyeza elinyibilikiswa emanzini.

**Liquorice.** Liyeza lokuhambisa mnandi.

**Lister.** Inkulu yeqqifa loqangqululo, owange-nisa ezona ndlela zingenangozi zokuqangqulula ngokuscbenzisa amayeza okubulala i-Bacteria.

**Lithotomy.** Ukutyandwa kusikwe esinyini kuhutshwe ilitye. *Lithotomy position. The position for operations on the perineum.*

**Litmus paper.** Iphepha elisetyenziswa xa kuxi-longwayo njengomntsontso. Into emuncu (*acid*) ilenza libe bomvu. I-alkali ilenza blowu.

**Litre.** Isilinganiso (35 ounces).

**Little's disease.** Ukuwa imilenze ibe nendawo yokumana ixhuzula. Intsusia ikukwenzakala e-buchotsheni ekuzalweni.

**Liver.** Isibindi.

**Lobe.** Isihlulo sendawo emzimbeni.

**Lochia.** Igazi eliphumayo emva kokuseleka. Emva kweentsuku czintathu alibomvu kakhulu. Liphela ngeentsuku czilisumi.

**Lock-jaw.** Elinye igama yi-tetanus. Khangela *Tetanus.*

**Locomotor ataxia.** Sisifo somnqonqo.

**Loculated.** Ukwahlukana kwendawo ibe neentunja ngecentunja. Ithumba lebele linokubanjalo.

Loc	ENGLISH-XHOSA	Mag
<b>Locum tenens.</b>	Igqira elibambele elinye umsebenzi walo okwexejana.	
<b>Loin.</b>	Icala lesinqe.	
<b>Lotion.</b>	Amanzi aneyeza okusebenza ngaphandle emzimbeni angaselwa.	
<b>Lumbago.</b>	Iintlungu enyameni yesinqe.	
<b>Lumbar.</b>	Ebekisele esinqeni.	
<b>Lumbar puncture.</b>	Ukufunxwa kwamanzi aijkeleze ubuchopho nomnqonqo, esinqeni.	
<b>Lumen.</b>	Umnxhuma ophakathi kombobo.	
<b>Lungs.</b>	Imiphuunga.	
<b>Lupus.</b>	Izilonda ezinwenwezelu esikhumbeni, ikakhulu cbusweni. Sisifo se-tuberculosis.	
<b>Lymph.</b>	Amanzi asemzimbeni ngaphandle kwe-mithambo yegazi.	
<b>Lymph glands.</b>	Amadlala.	
<b>Lymph vessels (lymphatics).</b>	Imibobo emincinane ene-lymph.	
<b>Lymphadenitis.</b>	Ukukrala kwamadlala.	
<b>Lymphangitis.</b>	Ukukrala kwemijelwana ye-lymph Khangela <i>Lymph vessels</i> .	
<b>Lysis.</b>	Ukuhla kobusuju kancinane ( <i>compare Crisis</i> ).	
<b>Lysol.</b>	Yi-antiseptic enamandla eyenziwe ngetela. Inesepha.	

## M

<b>Madura foot.</b>	Khangela <i>Mycetoma</i> .
<b>Magnesia.</b>	Liyeza lokuhambisu.
<b>Magnesium sulphate (Epsom salts).</b>	Liyeza lokufuldisa.

- 
- Malaise.** Ukungaphili kakuhle.
- Malar bone.** Ithambo lesidlele.
- Malaria.** Uhlobo lwefiva ekholisa kumazwe angasentla. Yandiswa luhlobo lwengcongconi (*anopheles*).
- Malignant disease.** Umhlaza. Khangela *Cancer*.
- Malignant pustule.** Idila. Inyama yamakhwenkwe. Khangela *Anthrax*.
- Malingering.** Ukuzigulisa.
- Malleolus.** Iqatha.
- Malta fever (Undulant fever).** Uhlobo lwefiva olusunyanwa clubisini lwebhokhwe ezinesisifo.
- Malt.** Isithombo.
- Malt sugar.** Ubusutu besithombo.
- Malt extract.** Incindi yesithombo.
- Malunion.** Ukuhluma okubi kwethambo elaphukileyo.
- Mamma.** Ibele.
- Mammary.** Ebekisele emabeleni.
- Mandible.** Lo mhlathe ungezantsi.
- Mania.** Uhlobo lwogezo olubanga umntu ukuba abe lidlongo-dlongo.
- Manipulation.** Ukuuscbenza ngezandla ukulungelelisa amathambo nokuba yiyiphina into.
- Manometer.** Khangela *Sphygmomanometer*.
- Marrow of bone.** Umongo wethambo.
- Martin's bandage.** Isibopho sendyoloba.
- Massage.** Ukuhlikihla umzimba ngolwazi.
- Masseur.** Indoda eyenza oku kuhlikihla.

- Massuse.** Umfazi owenza kwa oku kuhlikihla.  
**Mastication.** Ukuhlafuna.  
**Mastitis.** Ukukrala kwebele.  
**Mastoid.** Ithambo elisemva kwendlebe.  
**Materia medica.** Zonke izinto ezisetyenziselwa amayeza.  
**Maxilla.** Lo mhlathe ungentla.  
**Measles.** Imasisi.  
**Meat juice.** Incindi yenyama. Yenziwe ngenyama yenkomu enqunqiwego yahlaliswa emanzini abandayo iiyure ezimbini. Ihluzwe nge-muslin. Inikwa abantwana abaqudayo.  
**Meatus.** Intunja evulekela engxingweni njeng ndlebe.  
**Meconium.** Ijekezi.  
**Medial.** Ebekisele phakathi.  
**Mediastinum.** Ithusa esifuseni phakathi kwemiphunga.  
**Medulla.** Inxalenye yobuchopho engakuminqono.  
**Megrin.** Uhlobo lwentloko ebuhlungu.  
**Melæna.** Ithafa elifana netela. Lenziwa kukophpha kwamathumbu ngaphakathi nokuba kolusu.  
**Melancholia.** Uhlobo lwogezo umntu uba lusizana.  
**Melanotic sarcoma.** Uhlobo lwomhlaza olumnyama.  
**Membrane.** Inwebu. *False membrane.* Inwebu engwevu ibakho emqaleni one-diphtheria.  
**Meninges.** Iinwebu zobuchopho.  
**Meningeal.** Ebekisele kwezi nwebu.

- Meningitis.** Ukukfala kwenwebu zoñuchopho.
- Meningocele.** Ukuvela kwenwebu zoñuchopho ngentunja elukakayini.
- Menopause.** Ukupheza kwesifo senyanga kufa-fazi abangaphezu kwamasumi amane anantlanu nokokuña amahlanu.
- Menorrhagia.** Ukuza kwesifo senyanga ngamandla.
- Menses.** Isifo senyanga.
- Menstruation.** Ukufulana isifo senyanga.
- Mental.** Ngokubekisele engqondweni.
- Menthol.** Liyeza elidambisa iintlungu xa lihlikihlwe esikhumbeni (*Menthol is got from oil of peppermint*).
- Mercurialism.** Xa umntu eseñenzisa i-*mercury* ixesa elide umlomo uba namathe amaninzi nentsini namaziyo zibę buhlungu, amazinyo axengaxenge.
- Mercury.** (*Hydrargyrum*). Liyeza elityiya mhlawumbi lihlikihlwe esikhumbeni ukunyanga igeusuwa nezinye izifo. Khangela *Mercurialism*.
- Mesentery.** Inwebu enxibelela ithumbu emqolo. Yinxalenye ye-*peritoneum*. Khangela *Peritoneum*.
- Mesenteric.** Ebekisele kwi-*mesentery*.
- Mesmerism.** Khangela *Hypnotism*.
- Metacarpus.** Amathambo amahlanu entende yesandla.
- Metatarsus.** Amathambo amahlanu entende yonyawo.
- Metre.** Isilinganiso sobude ( $39\frac{1}{3}$  inches).
- Metritis.** Ukukfala kwesibeleko.

- Metrorrhagia.** Ukopha okuvela esibolekweni o-kungesiso isifo senyanga.
- Michel's clips.** Iintsimbi ezincinci zokubamba inxeba.
- Microbes (or Bacteria, or Germs, or Micro-organisms).** Khangela *Bacteria*.
- Microcephalic.** Ukuba nentloko encinane ngo-kungaqhelekanga.
- Micrococci.** I-bacteria ezinqhukuva.
- Micro-organisms.** Khangela *Bacteria*.
- Microscope.** Intsimbi eyandisa izinto ezingena kubonwa liliso lenyama.
- Micturition.** Ukuantsontsa.
- Midwife.** Umsazi oqeqeclwe ukubolekisa.
- Midwifery.** Ulwazi ngokubolekisa.
- Miliary tuberculosis.** (*Acute general tuberculosis*). I-tuberculosis xa ikhula emzimbeni ifana nembewu encinane. Khangela *Tuberculosis*.
- Milk teeth.** Udidi lokuqala lamazinyo. Angama-sumi amabini.
- Minim.** Ithontsi. Angama sumi amathandathu echepheni elincinane (*i-drachm*).
- Miscarriage.** Ukuphumla kwesisu ngaphambi kweenyanga czisixhenxe.
- Missed-labour.** Ukungabolekwa kosana olunga-sekhoyo emva kwexesa lalo.
- Mitral valve.** Ucango entliziyweni ngakwicala lasekhohlo (*between the left auricle and ventricle*).
- Molar teeth.** Amazinyo omhlathi. Alisumi elinesibini.
- Molluscum contagiosum.** Isifo sesikhumba,

- kubakho izinto ezincinane ezinghukuva ezikhula esikhumbeni zibe nento emhlophe phakathi. Siya sulela.
- Monomania.** Ugezo lwento enye kuphela.
- Monoplegia.** Ukufa kwendawo enye nje ngelungu.
- Monster.** Usana oluzelwe lulimele lungafani namntu.
- Moribund.** Emngcipheweni wokufa.
- Morphine (or morphia).** Ngawonamandla *c. opium.* Ikholisa ngokuhlohlwa phantsi kwesikhumba yenzelwa ukudambisa iintlungu.
- Mortification.** Khangela *Gangrene.*
- Mortuary.** Indlu yokugeina izidumbu.
- Motions.** Ithafa.
- Motor nerves.** Imithambo (*nerves*) engena kwi-zihlunu izenze zifukume.
- Mould.** Ukungunda.
- Mucilage.** Intlaka edityaniswa namanzi.
- Mucus (slime).** Amatheketekhe noxakaxa.
- Mucous.** Ebekisele emathkethekeni naseluxakaxeni. (*Mucous stools or mucous expectoration*).
- Multipara.** Umfazi ongazisibiliyo.
- Mumps.** Uqilikwana.
- Murmur.** Isandi sentliziyo mhlawumbi samaphaphu esiviwa ngentsimbi yokuxilonga.
- Muscle.** Inyama. Isihlunu.
- Mute.** Umntu ongena kuthetha.
- Mycetoma.** Ukudumba okukholisa elunyaweni. Kubakho iminx huma echiza ubovu kuphume

nezinto ezimhlophe mhlawumbi ezimnyama  
ezifana nembali.

**Myocarditis.** Ukukrala kwezihlunu zentliziyo  
okukholisa ngokuhamba ne-acute *rheumatism.*  
*Khangela rheumatism.*

**Myopia.** (short-sightedness). Ukungaboni  
kakuhle into ekude.

**Myrrh.** Elinye lamayeza okufutha (*Tincture of Myrrh*).

**Myxœdema.** Isifo esenziwa kukungasebenzi  
*kwe-thyroid gland.* Umzimba uya dumba.

## N

**Naevus.** Indawo enemithambo emininzi yegazi  
azelwe nayo umntu. Umkhango.

**Nails.** Inzipho (zeminwe neenzwane).

**Naphthalene.** Liyeza elinevumba. Ngamanye  
amaxesa lisetyenziselwa ukubulala amanundu.  
Ifakwa czimpahleni czinoboya.

**Narcosis.** Isimo sokungafi nakuqonda esiba-  
ngwa kukusebenzia amayeza okulalisa njenge-  
*opium, alcohol, chloroform.*

**Narcotic.** Iyeza elilala umntu ufuthongo ange-  
va nto.

**Nares.** Iintunja zempumlo. Amaphumlo.

**Nasal.** Ebekisele empumlweni.

**Nasopharyngeal.** Ebekisele kwi-*nasopharynx.*

**Nasopharynx.** Indawo esekupheleni kwekhuh-  
hlangubo.

**Nausea.** Ukuhlamba kwentliziyo.

- Navel (umbilicus).** Inkaba.
- Necropsy.** Ukuvavanywa kwesidumbu phakathi.
- Necrosis.** Ukufa kwethambo nokuba yindawo enyameni okusiangwa busovu.
- Nephrectomy.** Utyando lokususa intso.
- Nephritis. (Bright's disease).** Isifo sezintso esibangwa yi-albumin emntsontsweni.
- Nerve.** Umthambo ongenagazi. Ngale mithambo iya ibuye imiyalezo ebuchotsheni.
- Nervous.** Ukojika nokuba kukothuka.
- Nettle rash.** Khangela *Urticaria*.
- Neuralgia.** Iintlungu ze-nerves. Khangela *Nerve*.
- Neurasthenia.** Ubuthathaka se-nerves.
- Neuritis.** Ukudumba okuneentlungu kwee-nerves.
- Neuroglia.** Intwana ecekethekileyo eyintsika yobuchopho.
- Neutral.** Okungeyiyo acid nokungeyiyo alkaline. Khangela *Litmus*.
- Neville's splint.** I-splint esibotshelwa ngasemva emlenzeni.
- Nicotine.** Ityhefu ekwincindi vecufa.
- Night blindness.** Ukungaboni ngokuhlwu.
- Nightingale.** Nkosz. *Florence Nightingale* waseka inyathelo lokonga waliphakamisela kulo mgangatho uphakamileyo.
- Nipples.** Iingono zamabele.
- Nipple shield.** Isikhuselo sokukhusela iingono ezibuhlungu.
- Nitre. (Potassium nitrate).** Liyeza. Xa litshisiweyo umsi walo unokujogelwa ngabantu abanombezu.

**Nitric acid.** Iyeza elimuncu elenziwe n  
Liyingozi ekuphathweni liya tshisa.

**Nitrite of amyl.** Iyeza lokupogelwa xa u  
khupha igazi emiphuungeni, nokuba u  
elisukhali entliziyweni. Khangela *Angi-  
ctoris*.

**Nitrogen.** Yinxalenye yempempho.

**Nitrous oxide gas.** Liyeza lokulalisa xa k  
thulwa izinyo. Liyaqogelwa.

**Nodule.** Iqhubsu elincinane.

**Noma.** Isilonda esanda kamsinyane, esiqala  
phakathi esidleleni side siphumele ngaphar  
Sidla ngokuhla abantwana ababuthathaka e  
kwemasisi. Inkoliso idla ngokububa.

**Normal.** Isimo esiqhelekileyo (*normal tempera-  
of the body* 98.4).

**Nostrils.** Amathatha.

**Notifiable diseases.** Izifo ezisulelayo nezir  
ekunyanzelekileyo ngomthetho ukuba amagg  
azazise kwabaphetheyo.

**Novocaine.** Iyeza elifana ne-cocaine. Khange  
*cocaine*.

**Nullipara.** Udlolo.

**Nutrient enema.** Ukucinywa kwesiguli ngok  
tya, xa singenakho ukuthatha ukutya okwaneley  
ngomlomo.

**Nutrine.** Ukutya kwentsana okwenziwe ngama  
zimba amilileyo.

**Nux Vomica.** Iyeza elinamandla kakhulu elise  
benza ebuchotsheni nasemnqonqweni. Libang

ukoma komzimba nokuxhuzula. Linikwa kancinanane liyi-tonic.

**Nystagmus.** Ukugungquza kwamehlo emacaleni.

## O

**Obesity.** Utyebo olugqithileyo.

**Obsession.** Ingcinga clawula umntu.

**Obstetrics.** Ulwazi ngomsebenzi wokuzalisa ngamaggija nabongi.

**Occipital.** Ebekisele kumva wentloko.

**Occiput.** Ikhosi. Inqentsu.

**Occlusion.** Ukuvaleka.

**Octarius (a pint).** Isitya sokulinganisela izinto ezingamanzi.

**Oculist.** Ugqija osebenzana namehlo.

**Oculo-motor paralysis.** Ukuphelelwa ngamandla okusebenza kwinxalenye yezihlunu zeliso.

**Œdema.** Ukudumba komzimba okunamanzi.

**Œsophageal.** Ebekisele kummizo.

**Œsophagoscope.** Intsimbi yokwenza ukuba ugqija abe nokubona ngaphakathi kommizo.

**Œsophagus (gullet).** Ummizo.

**Oil silk.** Into esabuthwathwa ektelektele esetyenziselwa ukugcina ukufuma ekusotshweni kwanxeba.

**Ointment.** Amasutha aneyeza.

**Olecranon (upper end of ulna).** Ithambo elisencamini yengqinisa.

**Oleum ricini (castor oil).** I-kastroli iyeza elaziwa kakhlulu lokujudisa.

**Nitric acid.** Iyeza elimuncu elenziwe nge-nitre.  
Liyingozi ekuphathweni liya tshisa.

**Nitrite of amył.** Iyeza lokupogelwa xa umntu e-khupha igazi emiphuungeni, nokuña unehlabá elibukhali entliziyweni. Khangela *Angina pectoris*.

**Nitrogen.** Yinxalenyempepho.

**Nitrous oxide gas.** Liyeza lokulalisa xa kunco-thulwa izinyo. Liyapogelwa.

**Nodule.** Iqhubu elincinane.

**Noma.** Isilonda esanda kamsinyanc, esiqala ngaphakathi esidleleni side siphumele ngaphandle. Sidla ngokuhla abantwana ababuthathaka emva kwemasisi. Inkoliso idla ngokububa.

**Normal.** Isimo esiqhelekileyo (*normal temperature of the body* 98.4).

**Nostrils.** Amathatha.

**Notifiable diseases.** Izifo ezsulelayo nezinye ekunyanzelekileyo ngomthetho ukuba amagqira azazise kwashaphetheyo.

**Novocaine.** Iyeza elifana ne-cocaine. Khangela *cocaine*.

**Nullipara.** Udlolo.

**Nutrient enema.** Ukucinywa kwestiguli ngokuya, xa singenakho ukuthatha ukuya okwaneleyo ngomlomo.

**Nutrine.** Ukuya kwentsana okwensiwe ngamazimba amilileyo.

**Nux Vomica.** Iyeza elinamandla kakhulu elisenza ebuchotsheni nasemnqonqweni. Libanga

ukoma komzimba nokuxhuzula. Linikwa kancinanane liyi-*tonic*.

**Nystagmus.** Ukugungquza kwamehlo emacaleni.

## O

**Obesity.** Utyebo olugqithileyo.

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**Occlusion.** Ukuvaleka.

**Octarius (a pint).** Isitya sokulinganisela izinto ezingamanzi.

**Oculist.** Ugqiya osebenzana namehlo.

**Ocuto-motor paralysis.** Ukuphelelwa ngamandla okusebenza kwinxalenye yezihlunu zeliso.

**Œdema.** Ukudumba komzimba okunamanzi.

**Œsophageal.** Ebekisele kummizo.

**Œsophagoscope.** Intsimbi yokwenza ukuba ugqiya abe nokusona ngaphakathi kommizo.

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**Oil silk.** Into esabuthwathwa ekfelekfele esetyenziselwa ukugcina ukufuma ekubotshweni kwanxeba.

**Ointment.** Amafutha aneyeza.

**Olecranon (upper end of ulna).** Ithambo elisencamini yengqiniba.

**Oleum ricini (castor oil).** I-kastroli iyeza elaziwa kakhulu lokuñudisa.

- Olfactory.** Ebekisele ekunukeni.
- Olive oil.** Amafutha omnquma.
- Omentum.** Umhlehlo.
- Onychia.** Ukukfala kozipho lomnwe.
- Opacity.** Isiphakwana esincinane elisweni esise-imbumbulwini ngaphambili mhlawumbi ngaphakathi.
- Ophthalmia.** Khangela *Conjunctivitis*.
- Ophthalmia neonatorum.** Isifo samehlo sentsana, esisulelwa ekuzalweni kwazo. Sidla ngokuba-*ngwa yi-Gonorrhoca*.
- Ophthalmitis.** Ukukfala kwembumbulu yeliso mhlawumbi ihe nobovu.
- Ophthalmoscope.** Intsimbi yokukhangela nga-phakathi kweliso.
- Opium.** Liyeza lokudambisa iintlungu. Kuyingozi ukulisela kakhulu. Libangela ukuwa isiduli noku-fa.
- Optic.** Ebekisele ekuboneni.
- Oral.** Ebekisele emlonyeni.
- Orbit.** Umnxhuma ekuhlala kuwo imbumbulu yeliso.
- Orbital.** Ebekisele kulo mnxhuma.
- Organ.** Nayiphi na indawo emzimbeni enomse-*genzi wayo*.
- Organic disease.** Isifo esonakalisa indawo no-kuba ziindawo ezithile emzimbeni.
- Orthopoedic.** Ngokubekisele ekunyangweni kwezilima.
- Os.** Ithambo.

- 
- Os uteri.** (os in this case means mouth). U-mlomo wesibeleko.
- Ossification.** Ukudaleka kwamathambo.
- Osteitis.** Ukudumba okuneentlungu kwethambo.
- Osteoarthritis.** Uzengezenge lokukfala kwamalungu lude lubangele ubungqindilili kumathambo alunge nalomalungu.
- Osteoma.** Ilisa lethambo.
- Osteomyritis.** Ukukfala komongo kudla ngoku-  
ba nobovu.
- Osteosarcoma.** Iqhubu elikhula ethanjeni. Kha-  
ngela *Sarcoma*.
- Osteotome.** Intsimbi yokunqumla amathambo.  
Ifana ne-chisel.
- Osteotomy.** Utyando lokunqunyulwa kwamathambo.
- Otitis media.** Ukudumba kwomphakathi we-  
ndlesie okunentlungu ezinzima.
- Otorrhoea.** Ubovu obuphuma endlebeni.
- Ounce.** Isilinganiselo. Amacephe amancinane  
asibozo (*eight drachms*).
- Ovarian cyst.** Ukudumba okukhulu kwi-*ovary*.  
Khangela *Cyst*.
- Ovaries.** Izinxhosio zokhoso eziphahle isibeleko.
- Ovariotomy.** Utyando lokususwa kwe-*ovary*.
- Ovaritis.** Ukudumba okuneentlungu ukukfala  
kwe-*ovary*.
- Ovum.** Iqanda. Intwana encinane kakhulu e-  
phumayo kwi-*ovary* ngamaxesa athile, ingene e-  
sibelekweni.

**Oxalate of lime.** Intlenga emhlophe emntsonsweni.

**Oxidation.** Inxalenye yempempho (*oxygen*) edibene nento elolunye uhlobo.

**Oxygen.** Inxalenye yempempho.

**Ozœna.** Ukubola kwempumlo. Isankqange.

## P.

**Pack.** Ukuthandela isiguli elakaneni ekhanywe emanzini afbandayo nokuba asuju.

**Pacquelin's cautery.** Uhlobo lokwenza umtshiso ngentshimbi enencakam yohlobo oluthile esfudunyezwe ngomphunga we-*benzoline*.

**Pad.** Uboya obuthungelwe nge-gauze.

**Pain.** Intlungu.

**Palate.** Upmhezulu womlomo. Ikhuhlangubo.

**Palliative.** Iyeza elicedayo, kodwa lingaphilisi.

**Pallor.** Inkangeleko yomntu ongathi akanagazi elaneleyo.

**Palm.** Intende yesandla.

**Palmer.** Efekisele kwintende yesandla.

**Palpation.** Ukuvavanywa kwosiguli ngesandla sikaggira.

**Palpitation.** Uvalo.

**Palsy.** Khangela *Paralysis*.

**Pancreas.** Injeke.

**Pancreatitis.** Ukudumba okuneentlungu kwenjekie.

**Pandemic.** Ukuhliwa kwabantu sisifo ngexesa elinye kuthabathe isixeko ngokubanzi.

**Pannus.** Ukwanda kwe-*trachoma* ngaphambili phezu kwe-*cornea*. Khangela *Trachoma ne-Cornea*.

**Panolphthalmitis.** Ukukrala kwembumbulu yesiso. Kubakho ubovu ngaphakathi.

**Papilla.** Iindawo eziphumileyo clulwimini zokuvva incasa yokutya.

**Papilloma.** Intsumpa.

**Papule.** Iqhakuvana elingqindilili.

**Paracentesis.** Ukufunxwa kwamanzi esiswini umhlawumbi esifubeni.

**Paraldehyde.** Liyeza lokwenza ufhuthongo.

**Paralysis.** Ukufa kwenxalenye yomzimba.

**Paralysis agitans (Parkinson's disease.)** Uzengezenge lokufa kokwaluphala, oluphawulwa ngokuqina kwezitho, ungcangacezelo, ukunxhamisa ukuthetha, ubuso suphelelwwe yintsobi yabo.

**Paralytic stroke.** Khangela *Apoplexy*.

**Parametritis.** Ukudumba okuphakathi kwezi-qwanga ezikumacala omañini esibeleko. Khangela *Broad ligament*.

**Paranoia.** Uzengezenge lohlobo logezo.

**Paraplegia.** Ukufa kwemilenze.

**Parasites.** Izilwana nokuba yimithana ephila ngezinye izinto eziphilileyo nje ngentsulube nokuba zintakumba.

**Paratyphoid fevers.** Iicesina cziyelele kakhulu kolu hlobo luyi-enteric fever. Khangela *Enteric fever*.

**Paresis (Partly paralysed so as to move weakly).**

**Ukuza kwenxalenye yomzimba okuncinane, umntu uba nokusukuma okubuthathaka.**

**Parietal bones.** Amathambo ainaabini awenza ukhanda namacala okakayi.

**Parietes.** Indonga zesisu nesifuba.

**Parotid.** (one of the salivary glands). Into eyenza amathe ehlala phantsi kwendlebe.

**Parotitis.** Ukudumba kwayo okineentlungu (ukukpala).

**Paroxysm.** Ukubuya kwesifo ngesiquphe.

**Parturient woman.** Umsazi obelekayo.

**Parturition.** Ukuzala, ukuzeleka.

**Passive movements.** Ukupekunyiswa kwamalungu ngomnye umntu.

**Pasteurising milk.** Ukutshatyalaliswa kwe-germs elufisini ngokufudumeza at 170 degrees Fahrenheit for half an hour.

**Patella.** Ilivi.

**Pathology.** Ukufundwa kwezifo.

**Pectoral.** Ebekisele esifubeni.

**Pedicle.** Ugasfa lelifa.

**Pediculosis.** Isimo sokuba neentwala.

**Pediculus (plural pediculi).** Intwala okanye Iintwala.

**Pellagra.** Isifo esibanga ukobuzza kwezandla neenyawo kubekho norudo nobuthathaka bomzimba nengqondo, kuse ekububen. Sibakho kuphela kumazwe alima umbona. (*It is due to lack of Vitamin B<sub>2</sub>.*)

**Pelvic.** Ebekisele kwi-pelvis. Khangela Pelvis.

**Pelvimeter.** Intsimbi yokulinganisa ububanzi

jikelele, ubusanzi samathambo enyonga nesinqe.

**Pelvis.** Amathambo enyonga nesinqe.

**Pelvis of kidney.** Indawo apho umntsonso u-qokelelana khona entsweni phambi kokuba uhlele esinyeni.

**Pemphigus.** Isifo sesikhumba esibanga amadyungu-dyungu.

**Pendulous.** Ukulengalenga.

**Peppermint.** Iyeza lomoya nesisu esibuhlungu.

**Peppermint water.** (*aqua menth pip*). Amanzi ane-peppermint.

**Pepsin.** Awonamandla encindi yoluusu. Awe-tyisa inyama.

**Peptone.** Inyama emveni kokwetyiswa yi-pepsin.

**Peptonised food.** Ukuuya okwetyiswe yi-pepsin phambi kokuba kuginywe.

**Perchloride of mercury.** Khangela *Corrosive sublimate*.

**Percussion.** Ukuubetha esifubeni ngeminwe xa kuxilongwa.

**Perforation.** Ukugqabuka kwethumbu okubanga sisifo.

**Pericarditis.** Ukudumba kwenxhowa yentliziyo.

**Pericardial.** Ebekisele kwinxhowa yentliziyo.

**Pericardium.** Inxhowa yentliziyo.

**Perimetritis.** Ukukfala kwenwebu (*peritoneum*) egquma isibeleko.

**Perineorrhaphy.** Uqangqululo lokwenza umthungo ongaphantsi okfazuka ekubelekeni.

**Perineum.** Indawo ephakathi komva namaphambili.

- Periosteal.** Ebekisele kwinwebu yethambo.  
**Periosteum.** Inwebu egquime ithambo.  
**Periostitis.** Urukala kwale nwebu.  
**Peripheral.** Ngokubekiselele kubusbanzi bomphandile wento enqhukuva.  
**Peripheral neuritis.** Ukudumba okunontlungu ukukala kwemithambo (*nerves*) yemilenze negalo.  
**Peristalsis.** Intsukumo yoluusu namathumbu xa aqhabela phambili okusakuba kuphakathi kuwo.  
**Peritoneal.** Ebekisele kwinwebu yesisu ngaphakhati.  
**Peritoneum.** Inwebu yomphakhati wesisu. Ikwagguma amathumbu.  
**Peritonitis.** Urukala kwale nwebu.  
**Peritonsillar abscess.** Khangela *Quinsy*.  
**Permanent teeth.** Amazinyo avela umntwana akukhova ukukhumka.  
**Permanganate of potash.** Liyeza eliphelisa ivumba elibi. Uzifo zonke. Khangela *Antiseptic*.  
**Pernicious.** Embi.  
**Pernicious anaemia (primary anaemia).** Uhlobo lwe-*anaemia*. Khangela *Anaemia*.  
**Peroxide of hydrogen.** Khangela *Hydrogen peroxide*.  
**Perspiration.** Ukufila.  
**Pertussis (whooping cough).** Inkenkusi.  
**Pessary.** IIntsimbi yokugcina isibeleko endaweni yaso.  
**Petechiae.** Ukopheka ngaphantsi kwesikhumba loo nto yenze amabalana abomvana esikhumbeni.

- Petroleum (paraffin).** Amasutha clitye.
- Phalanges.** Amathambo amancinane eminwe mhlawumbi amazwane.
- Phantom tumour.** Igalimoya. Ngamanye amaxe/a umfazi ude acinge ukuba unzima.
- Pharmacopoeia.** Incwadi enenkazelo yokwenziwa kwamayeza, enikwa ngo-Tulumente.
- Pharmacy.** Ulwazi lokudibanisa amayeza.
- Pharyngeal.** Ebekisele emqaleni.
- Pharyngitis.** Ukukfala komqala.
- Pharynx.** Umqala.
- Phenacetin.** Liyeza elidambisa iintlungu nobususu.
- Phenol.** Khangela *Carbolic acid*.
- Phimosis.** Ukuqina kthesikhumba okubangela ukuba usana oluyinkwenkwe lungabi nakho ukuntsontsa kakuhle. Ngamanye amaxesa *i-phimosis* inokubangwa sisifo.
- Phlebitis.** Ukukfala komthambo (*vein*).
- Phlegm.** Izikhohlela ezingewengileyo.
- Phlegmasia dolens (white leg).** Ukudumba okuneentlungu komlenze okubangwa kukukfala komthambo. Khangela *phlebitis*. Ngamanye amaxesa kubonwa emva kokubeleka.
- Phlegmatic.** Ukudangala.
- Phlyctenule.** Iqhakuva ngecal a *le-cornea*. Khangela *Cornea*.
- Phlyctenular conjunctivitis.** *I-conjunctivitis* enalomaqhakuva. Khangela *Conjunctivitis*. Ibonwa kubantwana ababuthathaka. Boyika ukukhanya. Ayisuleli.

**Phonation.** Ukwenza isandi.

**Phosphates.** Izinto ezibutyuwa ezibasemntsonsweni. Zikholisa ukuba yintlenga emdakamhlophe.

**Photophobia.** Uloyiko lokukhanya olubangwa kukuña fuhlungu kwamehlo.

**Phthisis.** Isifo semiphuunga. Iphepha. (*tuberculosis of lungs, consumption*).

**Physiology.** Ulwazi lwendlela ezisebenza ngayo iindawo zomzimba ophilileyo.

**Physique.** Isakhwiwo somzimba.

**Physostigmine.** Khangela *Eserine*.

**Pieric acid.** Ngumguño othi xa ugalelwemanzini, usetyenziswe ekusopheni izilonda zokutsha. *Yi-antiseptic*.

**Piles.** Khangela *Haemorrhoids*.

**Pilocarpine.** Liyeza elinamandla elisanga ukufila. Lifakwa ngenaliti phantsi kjesikhumba.

**Pinna.** Le ndawo yanekekileyo yendleše.

**Pint.** I-payinti (*20 ounces*).

**Pipette.** Uhlobo oluncinane lenqawa esetyenziselwa ukuthabatha amathontsi.

**Pityriasis.** Isifo sesikhumba esibangwa kukukhula kokungunda okwenza amafalana akhanyayo esifuseni nasemhlana.

**Pituitary body.** Into eneinane engaphakathi kwobuchopho.

**Pituitary extract (pituitrin).** Iyeza elenziwa nge-pituitary body. Lisebenza esibelekweni nasemathunjini. Lihlohlwa phantsi kjesikhumba.

**Placebo.** Iyeza lokukholisa isiguli.

**Placenta.** Umkhaya.

**Placenta praevia.** Ukuvela komkhaya ngaphambili kosana. Kuyingozi kakhulu kunina ngenxa yokophya.

**Plague. (bubonic plague).** Ububane.

**Plantar.** Ebekisele entendeni yonyawo.

**Plasma.** Intloya yegazi.

**Plasmoquine.** Liyeza elisetyenziswa ukuthintela ukwanda *kwe-malarial fever* esiantwini.

**Plaster of Paris.** Uhlobo lwekalika olusetyenziselwa ukutyabeka umlenze owaphukileyo umhla-wumbi isifombo.

**Plasters.** Amayeza aqatywa elaphini. *Sticking or adhesive plaster.* Isibopho esincamathelayo.

**Plastic operation.** Utyando lokuphilisa indawo eyenzakeleyo nokuba yelimeleyo.

**Pleura.** Unwebu oluntsanyu-ntsanyu olugqume imiphuunga kwakunye nomphakathi wembambo.

**Pleurisy.** Ukukfala kwale nwebu. Ngamanye amaxesa kuba namanzi, ngamanye kome. Kudla ngokuba namahlaba.

**Pneumococcus.** I-germ *ye-pneumonia.*

**Pneumonia.** Ukudumba okuneentlungu kwo-mphuunga.

**Pneumo-thorax.** Umoya kwi-*pleura.*

**Poliomyelitis. (Infantile paralysis).** Isifo somqonqo esibanga ukufa kwendawo kubantwana.

**Politzer's bag.** Inxhowana yendyoloba enombo-bo esetyenziswa kwizifo zeendlele ukuvuthela umoya empumlweni uye endlebeni.

- Polypus.** Igaqa elinesikhondo esinciphileyo. Olunye uhlobo lumphuma empumlweni ngaphakathi olunye esibelekweni.
- Polyuria.** Ukuntsontsa okuggithileyo.
- Pons.** Inxalenye yobuchopho.
- Pore.** Umthunjana elufeleni ekuphunia ngawo ukubifila.
- Poroplastic.** Into elusica ngokwentlonze, inokuswa yenziwe ithambe ngokuyifaka emanzini asusu okanye ngomphuunga wawo ukuze isic nokubunjwa ilungele loo ndawo isakuza iza kubotshwa.
- Portal vein.** Lo mthambo ulisa esibindini igazi elisuka eluuwini, emathunjini nakudakada.
- Post-mortem examination.** Ukuqangqululwa nokuxilongwa kwesidumbu.
- Post-partum haemorrhage.** Umopho osemva kokuseleka.
- Potash.** Uthuthu olucocewa ngokuphekwa.
- Potassium permanganate.** Uzifo zonke.
- Pott's disease (*spinal tuberculosis*).** Khangela *Spinal Curvature*.
- Pott's fracture.** Ukwaphuka kwi-fibula (Khangela *Fibula*) phezu kweqatha ngamanye amaxesa nokubetyeka kweqatha.
- Poultice.** Ukubekela ngomqa mhlawumbi odi-tyaniswe ne-mostade.
- Praecordal.** Ngaphambili kwentliziyo.
- Predisposing cause.** Usuthathaka somntu okufianga ukuba angenwe sisifo lula.
- Pregnancy.** Ukuza nzima. Ukumitha.

**Premature labour.** Ukuzalwa kosana phambi kwexeja elizeleyo kodwa emva kwenyanga yesi-xhenxe. Khangela *Viable*.

**Presbyopia.** Ukungabi nakuwamisa amehlo akhangale izinto ezikufuphi. Loo nto ihamba no-kwaluphala, ibangwa kukuya zibalukuhni *i-lens*. Khangela *Lens*.

**Prescription.** Umyalelo kagqifa. Inewadi kaggifa yoku fumana iyeza e-chemistini.

**Presentation.** Indlela usana oluvela ngayo, *head presentation* xa luvele ngentloko, *breech presentation* xa luvele ngemilenze, *transverse presentation* xa luvele ngengalo.

**Primary.** Entlandlolo, mhlawumbi ukuqalisa kwesifo.

**Primipara.** Umsazi oqala ukuqeleka. Izibula.

**Probang.** Intsimbi yokugeca izinto ezisemmi-zweni. Olunye uhlobo lune-sponge encamini. Olunye uhlobo kuthiwa *yi-umbrella probang*.

**Probe.** Intsimbi encinane yesilivere esetyenzise-lwa ukuva ubunzulu benxeba.

**Proctitis.** Ukkufala kwesiphelo sikabolobolo.

**Prognosis.** Ulwazi lokuxela ngaphambili isiphumo sesifo.

**Prolapse of the rectum.** Ukuphuma komva.

**Prolapse of the uterus.** Ukuvela nokuba ukuphuma kwesibeleko.

**Promontary of the sacrum.** Indawo ephumileyo ngaphambili *ye-sacrum*. Khangela *Sacrum*.

**Pronation.** Ukubukuqwa kwesandla.

**Prone.** Ukucambalala ngesisu.

**Prophylaetic.** Ukuthintelwa kwezifo.

**Prostate.** Into esemlonyeni wesinyi. Kumadoda amadala iya dumba ngamanye amaxesa kuše nzi-ma ukuntsontsa. Ayibi kho kubafazi.

**Prostatectomy.** Uqangqululo lokusenxisa idlala elisemlonyeni wesinyi kumadoda amadala.

**Prostration.** Udwamba.

**Protein.** Loluhlobo lokutya olunakho ukwakha umzimba womntwana, njengenyama, umhlophe weqanda nengqaka yamasi. Lukhona nasenqholoweni, nasemazimbeni, nasemboneni. Luninzi ezimbotyini.

**Proud flesh.** Inyama entsa chluma ngokugqithileyo.

**Pruritus.** Ukurawuzela okugqithileyo kwendawo esikhumbeni.

**Psoas muscle.** Isihlunu esisuka ethanjeni lesinqe ngaphakathi size kuthi gqi ehlezeni ngaphambili kwithambo lethang'a. Sifinyeza ibleza.

**Psoas abscess.** Ubovu obuphuma kumathambo omqolo anehase buande phakathi kwihihlunu ekuthiwa yi-*psoas muscle* buze kuggabuka mayela phakathi ethang'eni. Khangela *Spinal curvature*.

**Psoriasis.** Sisifo sesikhumba.

**Psychic.** Ngokubekisele engqondweni.

**Ptomaine poisoning.** Ukutyhefwa ngokutya inyama enesifo.

**Ptosis.** Ukujinga kokhophe olungentla ngokufa komthambo (*nerve*) walo.

**Ptyalin.** Awona mandla amathe. Etyisa isitatshi asiyeke sibe yiswekile.

**Ptyalism.** Ukuphuma kwamathe amaninzi.

**Puberty.** Xa inkwenkwe nokuba yintombazana ifikisa ebudaleni.

**Pubis.** Ithambo elingaphambili phantsi kwesisu.

**Puerperal.** Ebekisele ekufukameni.

**Puerperal fever.** Icesina elandela emva koku-be-leka, ngenxa yokungena kokunchola okusanga isifo (*germs*) esibelekweni.

**Puerperal insanity.** Ugezo oluhla emva koku-be-leka luqale ngosuku lwasine kuye kusuku lwe-sumi.

**Puerperium.** Ixeja lokuphila konina emva koku-belekwa komntwana.

**Pulmonary.** Ebekisele kwimiphuunga.

**Pulmonary tuberculosis.** Isifo semiphuunga.

**Pulse.** Ukubetha komthambo (*artery*) esihlahleni kwicala losithupha nakwezinye iindawo.

**Pulvis (powder).** Umgutyanu weyeza.

**Pupil.** Ukhozo lweliso.

**Purgative.** Iyeza lokujudisa.

**Purpura.** Amachaphaza abangwa kukophela esikhumbeni.

**Purulent.** Enobovu.

**Pus.** Ubovu.

**Pustule.** Iqhakuva clinobovu.

**Putrefaction.** Ukubola.

**Pyæmia.** Ukuhamba egazini kwe-*germs* ezenza ubovu kwezinye iindawo emzimbeni.

**Pyelitis.** Urukala kwe-*pelvis* yentso, kuze kuperume ubovu emntsontsweni. Khangela *Pelvis of kidney*.

**Pyloric obstruction.** Ukucutheka kwalentunja yoluusu evulekela ethunjini. Ikhолisa ngokuša-nnga ngumhlaza.

**Pyloric hypertrophy.** Isimo oluzalwa naso usana. Sibange intlanzo nokungecungcutheka ezintsaneni.

**Pylorus.** Isiphele soluuus lomntu esivulekela emathunjini. *Si-sphincter.* Khangela *Sphincter.*

**Pyorrhoea alveolaris.** Ukuphuma kobovu cintsinini okuvela ezingcanjini zamazinyo.

**Pyosalpinx.** Ubovu kumbobo wesibileko.

**Pyothorax.** Khangela *Empyema.*

**Pyo-pneumo-thorax.** Ubovu nomoya phakathi kwe-pleura.

**Pyrexia.** Ubusušu bomzimba.

**Pyuria.** Ubovu emntsontsweni.

## Q

**Quack.** Ixwele.

**Quarantine.** Ukwahlulwa kwabantu ixesana abebenomntu onesifo esisulelayo.

**Quartan fever.** Icesina uhlošo lwe-*malaria* enyuka isihla ngosuku lwesine, oko kukuthi imana ukusiya iintsku eziimbini. Khangela *malaria.*

**Quickening.** Intsukumo yosana esibilekweni, eviwa ngunina ekupheleni kwenyanga yesine.

**Quinine.** Awonamandla omthi we-*Cinchona.* Aphilisa icesina yengcongconi. Khangela *Malaria.*

**Quinsy.** Ubovu obusemva kwi-tonsil. Khangela *Tonsils.*

**Quotidian.** Icesina, uhlobo *Iwe-malaria*, ehla imihla yonke.

## R

**Rabies.** Khangela *Hydrophobia*.

**Radial.** Ebekisele *kwi-radius*.

**Radical cure.** Utyando nokuſa zezinye iindlela zokusbenza ezenzelwa ukunyanga ngokuthe case.

**Radium.** Into esetyenziselwa ukunyanga umhla-za. Imbiwa kwimihlaſa ethile.

**Radius.** Elinye lamathambo amabini elisuka enghinibeni ukuya esihlahleni. Lelingakusithu-phu.

**Ranula.** Inxhowana enoxakaxa ngaphakathi phantsi kolwimi. Khangela *Cyst*.

**Rash.** Injadukane.

**Rat.** Iguzi.

**Reagent.** Iyeza eliseteyenziswa ukuxilonga umntsontso nezinye izinto.

**Receiver.** Isitya sokuhongozela izibopho nezinye izinto ezimdaka.

**Recrudescence.** Ukubuyelwa ngamandla sisifo.

**Rectal.** Ebekisele *kwi-rectum*.

**Recto-vaginal fistula.** Umnxhuma ethunjini ngaphantsi obangelwa kukubeleka nzima.

**Rectum.** Isiphelo sikabolo-bolo.

**Rectus.** Ukuthi-tse. Igama lezi zihlunu zingaphambili esiswini.

**Reducible.** (Spoken of hernias and dislocations). Enokubuyiselwa endaweni yayo ngokupathwa ngezandla.

**Reflex action.** Into eyenziwa kamsinyane ngaphandle kokucinga.

**Refraction.** Ukugoba kwemitha yokukhanya xa ingena naxa ifiya amanzi ne-glass naselisweni.

**Relapse.** Ukubuya umva kwesifo emva kokuchacha.

**Relapsing fever.** (Tick fever). Uhlobo lwecesina ekuhlanganwa nayo kumphakathi weAfrika. Le cesina iya phela ibuye amaxesa ambalwa. Icesina yamakhala.

**Remittent fever.** Icesina yengcongconi xa iphungukileyo, ibuye inyuke foqo.

**Renal.** Ebekisele ezintsweni.

**Rennet.** Incindi yoluusu lwenkonyana idibene namanzi netyuwa. Xa igalelwa elufisini oludikidiki iya luhlosifa.

**Resolution.** Ukudamba kokudumba obekuvalile, kungadanga kubekho busovu.

**Resonance.** Isandi esiviwa ligqira xa lixilonga isifuba sesiguli sithetha.

**Respiration.** Ukuphefumla.

**Respirator.** Intsimbi eneminxhuma enxitywa emlonyeni ukurogela iyeza eligalelwwe kuyo.

**Resuscitation.** Ukubuyisa umntu osel' esemngciphekweni wokufa.

**Retching.** Ukukhonyuluka.

**Retention of urine.** Ukungasib nakanntsontsa.

- Retina.** Inwebu yomphakathi weliso apho umfanekiso ubakhona wento ebonwa liliso.
- Retinitis.** Urukala kwe-retina.
- Retractor.** Intsimbi esetyenziselwa ukubamba amacala enxeba.
- Retroperitoneal.** Ngasemva kwale nwebu yesisu ingeli cala lingasemva. Khangela *Peritoneum*.
- Retropharyngeal.** Ngasemva kwamakqini. Khangela *Pharynx*.
- Retroversio*n* of the uterus.** Ukuqethuka kwe-sibeleko.
- Rheumatism.** Isifo samathambo emalungwini.  
*Muscular rheumatism.* Intlungu enyameni.
- Rheumatoid arthritis.** Ukudumba kwamalungu okufana ne-*Rheumatism*. Esi sifo sithatha ixeja elide.
- Rhubarb.** Lelinye lamayeza okuqudisa.
- Rib.** Ubambo.
- Rickets.** Isifo sabantwana. Amathambo aya thamba. Sibangwa kukungafumani ubisi nokuba amasi nelanga. Khangela *Vitamins*.
- Rigidity.** Ugomololo okanye uthiniko.
- Rigor.** Ukgungcangcazela.
- Rigor mortis.** Ukuqwaqela kwesidumbu emva kwexesana.
- Ringworm.** Isitshanguña.
- Rodent ulcer.** Isilonda esingumhlaza esanda ka-de ebusweni babantu abadala.
- Rupture.** Khangela *Hernia*.
- Rusty sputum.** Izikhohlela ezinemitshithi yegazi.

## S

**Sac.** Inxhowa.

**Saccharine.** Khangela Saxyin.

**Sacro-illiac disease.** Isifo sendawo ephakathi kwethambo lesinqe nethambo lehleza esibangwa yi-tuberculosis.

**Sacrum.** Ithambo lesinqe.

**Salicylate of soda.** Iyeza ne-salicylic acid ne-soda.

**Salicylic acid.** Liyeza elimuncu.

**Saline.** Amanzi anetyuwa. *Normal Saline solution.* Amanzi abenge-payinti, ityuwa ibengece-phe elincinane.

**Saliva.** Amathe.

**Salivary glands.** Amadlala enza amathe, amabi-ni aphantsi kwendlebe (*parotid glands*), amabini aphantsi kwemihlathi (*sub-maxillary glands*), amabini apantsi kolwimi (*sub-lingual glands*). Oko kukuthi mathathu ngecala elinye.

**Salivation.** Amathe amaninzi emlonyeni.

**Salol.** Liyeza elimgubo umhlophe. *Line-salicylic acid ne-carbolic acid.*

**Salpingectomy.** Ukususwa kombobo okanye yo misini le ixhake isißeleko macala omasini.

**Salpingitis.** Ukudumba okuneentlungu kwembobobo yesiseleko.

**Saltpetre** (*Potassium nitrate*). Isalipitire.

**Salvarsan.** Liyeza legejuwa. Lihlohlwa emtanjeni (*vein*).

**Sal volatile (Spirit ammon aromat).** Liyeza elomeleza intlizyo xa umntu awe isiduli,

**Sanatorium.** Indawo enjengesibedlele, apho kuya abantu abaqalwa sisifo semiphuunga.

**Sanguineous.** Okunemitshithi yegazi.

**Sanitas.** I-*antiseptic* eyenziwe ngamafutha etramteni.

**Sanitation.** Inkqubo yeendlela zokukhusela i-mpilo yabantu ngokubanzi.

**Sapraemia.** Ukungena egazini kwetyhefu eyenziwa zi-germs kwindawo enye ethile emzimbeni. Khangela *Toxaemia*.

**Sarcoma.** Uhlobo lomhlaza oluthambileyo olu-khula kamsinya. Luya funyanwa nakubantwana.

**Saxin.** Into esutu kakhulu esetyenziswa endaweni yeswekile xa umntu ene-*diabetes*.

**Scab.** Ukhokho oluba phezu kwesilonda.

**Scabies.** Ukhwekhwe.

**Scalp.** Isikhumba esigquma ukakayi.

**Scalpel.** Imela ebukhali bufutshane kunomphini.

**Scapula.** Ithambo legxalaba.

**Scar.** Isiva.

**Scarification.** Ukuqaphula.

**Scarlatina (Scarlet fever.)** Sisifo esisulelayo. Isikhumba siba bomvu.

**Sciatic nerve.** Umthambo omkhulu womlenze. Uhla ngasemva kwehleza nethanga.

**Sciatica.** Intlungu kulo mthambo.

**Sclera or sclerotic.** Le ndawo imhlophe yembumbulu yeliso.

**Scoliosis.** Ukugofela ecaleni kwamathambo omqolo, kukholisa kukubangelwa kukuhlala nge-

- ndlela engeyiyo esikolweni kwa nosuthathaka bezihlunu zoinqolo.
- Scopolamine.** Khangela *Hyoscine*.
- Scorbutus (Scurvy).** Umtshetsha phantsi.
- Scott's dressing.** Ilaphu eliqatywe ngamafutha *ne-mercury*.
- Scruple.** Ubunzima obuyi zo grains.
- Scurvy.** Umtshetsha-phantsi.
- Sebaceous glands.** Amadlala amancinane esikhumbeni aphuma amafutha.
- Sebaceous cyst.** Ukudumba kwelinye lamadlala xa umlomo walo uxineneyo.
- Secondary disease.** Isifo esilandela esokuqala.
- Secondary syphilis.** Ibsanga lesibini legcuwuwa, ukususela ekupheleni kwenyanga yesibini kuse ekupheleni konyaka wesibini.
- Secretion.** Incindi eyenzeka emzimbeni enomsebenzi othile ewenzayo njengamathe.
- Sedative.** Into edambisa iintlungu nokuba ulothuko.
- Seidlitz powder.** Liyeza lokuhambisa. Kudityaniswa intlobo ezimbini zemigubo emanzini ziphuphuma igwebu.
- Semilunar cartilages.** Iintlala ezimbini (*medial ne-lateral*) phakathi kwamathanibo edolweni.
- Sensory nerves.** Imitambo esa izigidimi ezsuka esikhumbeni ziye ebuchotsheni.
- Sepsis.** Isimo sesilonda esichizayo.
- Septic wound.** Inxeba elichizayo.
- Septicaemia.** Ukungena egazini lomntu kwe-*germs* ezsuka enxebeni elichizayo.

**Septum of nose.** Udonga olwahlula amaphumlo.

**Sequelae.** Izifo ezilandela czinye.

**Sequestrum.** Iceba lethambo clifileyo emzimbeni.

**Serum.** Into engamanzi ephuma chlwilini xa lisesityeni.

**Sessile.** Ukungabi nasikhondo ngokwalamafa abasesikhumbeni.

**Sharp pain.** Intlungu ebukhali. Ihlaiba.

**Shock.** Ubusuthathaka bobuchopho nobomzimba wonke emva ketyando mhlawumbi emva kwengozi nje ngokutsha okukhulu. Ubusuchopho boyiswe ludaba oluza ngemithambo (*nerves*).

**Shoulder.** Igxalaba.

**Sigmoidoscope.** Intsimbi yokukhangela umphakathi kubolobolo nesiphelo sakhe.

**Signa or Sig.** Umgqaliselo xa kubalwa inkcazeloyokuxutywa kwamayeza ovalatha into emayize ibalwe kwelo phepha lenkcazel.

**Silicate bandage.** Isibopho esifakwe kwi-silicate yinto cfana ne-plaster of Paris.

**Silicosis.** Isifo semiphuunga esibangelwa kukuseluthuli ngabasebenzi emigodini verawuti.

**Silver nitrate.** Liyeza elenziwe nge-silivere. Linyihilikiswa emanzini lize liqatywe ezinkopheni ngaphakathi. Xa iyodwa inje ngoluthana eku-thiwa yi-lunar caustic. Isetyenziselwa ukutshisa izilonda.

**Simple fracture.** Ukwaphuka kwethambo okungenanxeba lifika kuloo ndawo yaphukileyo.

**Sinapism.** Ipleystire yemostade.

**Snew.** Umsipha.

**Sinus.** 1. Umnx huma osuka kwindawo engaphakathi okanye enethumba ugqobozele phandle.  
2. Umsele obanzi elukakayini ohamba le mijelwana yegazi ibuyela entliziyweni.  
3. Umnx huma wokuhambisa impepho kumphakathi wethambo.

**Sinusitis.** Ukukfala kwale nwebu yandlaleke phakathi komnx huma wempepho.

**Sitz bath (hip bath).** Ibafu yehleza. Umntu uhlala phakathi emanzini.

**Skeleton.** Umxokelelwane.

**Skin.** Isikhumba.

**Skull.** Ukakayi.

**Sleeping sickness.** Isifo soñuthongo sase-*Tropical* Afrika esisuleliswa yimpukane elumayo ekuthiwa *yi-tsetse-fly*.

**Slough.** Intwana yesikhumba nokuba yenyama efileyo eyobuzayo.

**Small pox.** Ingqakaqa.

**Snare.** Intsimbi yokufintyela.

**Snow.** Khangela *Carbon dioxide*.

**Snuffles.** Ukukrixiza ukuphefumla okubakho e-zintsaneni ezizalwa zinegcusuwa.

**Sodium.** Into esetyuweni (*sodium chloride*) nakwi *washing soda* (*sodium carbonate*) nakwi-*baking soda* (*sodium bicarbonate*) nakwi-*sodium sulphate*, iyeza elifana nesolisi, nakwi-*sodium salicylate*.

**Soft sore. venereal.** Ibekelo.

**Somnambulism.** Ukuhamba ebuthongweni.

- Sordes.** Inkoko ezimdaka emlonyeni nasemazinyweni omguli.
- Sore throat.** Umqala obuhlungu.
- Sound.** Intsimbi esetyenziselwa ukuhlola esinyen ni mhlawumbi esibelekweni.
- Spasm.** Ukufinyela ngesaquphe nokwayiphi na indawo emzimbeni.
- Spastic.** Ukufinyela kwexesa elide.
- Spastic paralysis.** Ukufa nokufinyela kwenda wo.
- Spatula.** Intsimbi esicaba yokudyoba amafutha nepolitis.
- Specific (*said of a medicine*).** Elona yeza eliphilisa isifo esithile.
- Specific (*said of a disease*).** Igcusuwa.
- Spectrum.** Imibala yokukhanya ebonwa xa i-phumela eglasini (*a prism*). Ifana nomnyama.
- Speculum.** Intsimbi yokukhangela indawo emzimbeni ngaphakathi njengendalebe.
- Sphenoid.** Ithambo eliseka umzantsi wokakayi.
- Sphincters.** Izihlunu eziqawula intunja ziyivule zibuye zivale ngokwazo.
- Sphincter of the anus.** Inyama ejikeleze umva eman' ukuvaleka.
- Sphygmomanometer.** Intsimbi yokulinganisa ukuthi pitsi kwegazi emithanjeni.
- Spica.** Indlela ethile yokubophha indawo emzimbeni.
- Spina bifida.** Ukulimala komqolo ngemvela. Kubakho iq huma elithambileyo. Phakathi kwalo ku ba kho i-meninges mhlawumbi umnqonqo.

**Spinal anaesthesia.** Ukulahlekwa kukuva iintluntu emilenzeni ngokuhlohlala iyeza emqolo kufuphi nomnqonqo.

**Spinal cord.** Umnqonqo.

**Spinal curvature.** Umqolo ogobekileyo (*Two kinds, curvature backwards due to tuberculous disease of vertebrae; curvature sideways due to bad position at school desks in rapidly growing children*).

**Spine.** Amathambo omqolo.

**Spirobismol.** Liyeza eline-bismuth lihlohlwa ezi-hlunwini xa kunyangwa igcuwuwa.

**Spirocheta pallida.** I-germ ebangela igcuwuwa. Khangela *Germs*.

**Spleen.** Udukada.

**Splints.** Iplanga nokusba yinto enye elukhuni esekelwa ukunika ukuphumla endaweni eyenzakelleyo.

**Sporadic disease.** Isifo esisulelayo xa sibonakala kwiindawo ngeendawo kubantu abambalwa.

**Sprain.** Ukukunjeka kwelungu.

**Sprue.** Isifo esibangela ubuhlungu bolwimi nomlomo nojudo nohlobo lwasifo esiyingozi esenza igazi libe sabumanzi. Oku kufa kunyangwa ngokutya isibindi esikrwada.

**Spurious pains.** Ukulunywa ngathi uza kubeleka kodwa kungenjalo.

**Sputum.** Izikhohlela.

**Squamous.** UkoBuza.

**Squint.** Ubugxwemu.

**Staphylococcus.** Olunye uhlobo lwe-germ olu-

namandla olubanga uchizo olunobovu namathumba.

**Staphyloma** Indawo edumbileyo kwimbumbulu yeliso. Ifana nembumbulu yediliya.

**Starch bandage.** Isibopho esiqatywe isitatshi e-sisetyenziswa endaweni *ye-plaster of Paris*.

**Stasis.** Ukucotha kokuhamba kwegazi emithanjeni yegazi kwindawo evalileyo, okanye ukucotha kokuhamba kwento esakuba iphakathi emathunjini. Oko kucotha kubangela ukuqhina.

**Status epilepticus.** Isimo somntu omana ukuthwa futhi-futhi sisathuthwane.

**Stenosis.** Ukuqina kwendawo ethile emzimbeni.

**Sterile.** 1. Oludlolo (ebantwini). 2. Emsulwa *kwi-germs* (kwintsimbi nasesikhumbeni nezibopho).

**Sterilisation.** Ukwenza msulwa *kwi-germs*.

**Sterilizer (Steam sterilizer).** Imbiza yokusutha izibopho ukubulala *i-germs*.

**Sterility.** Esimeni sokuba ludlolo.

**Sternum.** Ithambo lesifuba. Incum.

**Stertorous breathing.** Ukuphefumla okufana nokuqona okuviwa kumntu owe ngokwenzakala ebuchotsheni.

**Stethoscope.** Umbobo osetyenziselwa ukuxilonga izandi zesifuba nentliziyo.

**Still-born.** Ovela engasekho.

**Stimulant.** Into yokukhaliphisa umzimba nokuba yiypiphina indawo emzimbeni.

**Stitch in the side.** Ihlabfa.

**Stomach.** Uluusu lomntu.

**Stomach tube.** Intsimbi esetyenziselwa ukuhla-mba uluusu. Isakwa emlonyeni.

**Stomatitis.** Umlomo obuhlungu onezilonda ngaphakathi. Ukholise kubantwana. Amavila.

**Stools.** Ithafa.

**Strabismus (Squint).** Ubugxwemu.

**Strangulated hernia.** I-hernia eqiniswe kanga ngokuſa igazi lingabi nakuhamba kuyo ukuze ife. Umntu onayo usengozini enkulu. Khangela *Hernia*.

**Strangury.** Ukuphuma komntsontso ngamathonthsi okuneentlungu.

**Strapping.** I-plaster encamathiselayo.

**Streptococci.** I-germs ezinqhukuva ezikhula zi-yimixokelelwane. Khangela *Bacteria*.

**Stricture of urethra.** Indawo eqinileyo ecutheneyo kwi-urethra ukuze umntu antsonse nzi-ma. Khangela *urethra*.

**Stricture of œsophagus.** Indawo eqinileyo ecutheneyo kummizo ukuze umntu aginye nzima.

**Stridor.** Ingxolo ephuma kwingqula ekuphefumleni.

**Strychnine.** Awonamandla embewini ye-*Strychnos Nux Vomica*. Yityhesu enamandla ebulalayo, nenkantsi yomzimba wonke. Kodwa iya setyenziswa inikwe kancinane kakhulu kwi-tonics.

**Stupor.** Umntu ahlale angabi nakwenza nayiphi na into ngaphandle kokuqhutywa.

**Styptic.** Iyeza lokunqanda ukopha.

**Subclavian.** Ngaphantsi kwenqhoja. (*Used of the main artery and vein of the arm.*)

**Subcutaneous.** Phantsi kwesikhumba.

**Subinvolution.** Ukunganciphi ngokwaneleyo kwesibeleko emva kokubeleka. Khangela *Involution*.

**Sublingual.** Phantsi kolwimi.

**Subluxation.** Ukußenxa kancinane kwentlala elungwini.

**Submaxillary.** Phantsi komhlathi.

**Sudamina.** Amaqhakuvana abangwa kukubila.

**Suffocation.** Ukufuthaniseleka.

**Sugar.** Iswekile. 1. Iswekile yomoña (*cane sugar*).

2. Iswekile yobisi (*milk sugar*). 3. Iswekile yesithombo (*malt sugar*). 4. Iswekile yediliya (*grape sugar or glucose*). Iswekile ebasemintsontsweni kubantu abanesifo esiyi-*Diabetes yi-glucose*.

**Sulpharsenol.** Iyeza elibukhali eline-*arsenic ne-sulphur*. Lihlohlwa czihlunwini xa kunyangwa igcusuwa.

**Sulphonal.** Iyeza lokwenza ubuthongo. Khange-la *Hypnotic*.

**Sulphur.** Liyeza elingumguño olubelu. Xa lidi-tyaniswe namasutha lisetyenziselwa ukunyanga ukhwexkhwe.

**Sulphuric acid.** Liyeza elimuncu kakhulu. Liya sitshisa isikhumba xa lichaphazeleyo.

**Sunstroke.** Ukonakala kobuchopho okubangwa busususu.

**Superior vena cava.** Umthambo omkhulu ozisa

igazi elivela kumantla omzimba kwicala lasekunene lentliziyo.
<b>Supination.</b> Ukuguqulela umphakathi wesandla ngaphezulu.
<b>Supine.</b> Ukulala ngomhlana.
<b>Suppository.</b> Iyeza elilukhuni elimboxo elisakwa ngemva.
<b>Suppression of urine.</b> Ukutshitsha kwezintso ukwenza umntsontso.
<b>Suppuration.</b> Ukuchiza usovu.
<b>Supraorbital.</b> Ngasentla komnxhuma weliso.
<b>Suprapubic.</b> Ngasentla kwethambo lomzantsi wesisu.
<b>Suprarenal gland.</b> Idlala eliphezu kwentso.
<b>Suprarenal extract.</b> Incindi yeli dlala. Khange-la <i>Adrenalin</i> .
<b>Surgical Kidney.</b> Ukudumba okunosovu kwe-ntso.
<b>Suspensory bandage.</b> Isibopho sokuxhasa nokuba yiypiphina indawo elengalengayo, iindawo ezi-njengebele xa likpalileyo.
<b>Sutures.</b> Iintsinga ezisetyenziselwa ukuthunga isikhumba nenyama, nokusopha imithambo.
<b>Swabs.</b> Iziqwengana zoboya ezisongelwe nge-gauze ezisetyenziswa elutyandweni.
<b>Swallowing.</b> Ukuginya.
<b>Sweating.</b> Ukubilila izithuku-thuku.
<b>Sympathetic system of nerves.</b> Khangela <i>Autonomic system of nerves</i> .
<b>Symptoms.</b> Impawu ezibikwa sisiguli njenge-hlabla, khohlo-khohlo nezinto ezinjalo.

**Syncope.** (*Fainting*). Ukuwa isiduli.

**Synovial membrane.** Unwebu olugqume ilungu.

**Synovial fluid.** Amanzi aselungwini. Empilweni abamancinci.

**Synovitis.** Ukudumba kwelungu amanzi alo abe maninzi.

**Systole.** Ukufinyela kwentliziyo ekubetheni kawayo.

**Syphilis.** Igusuwa.

**Syringe.** Intsimbi yokuhlohlha mhlawumbi yokucima.

## T

**T bandage.** Isibopho esenziwe safana no-T.

Sisetyenzi selwa ukusopha ngaphantsi.

**Tabes mesenterica.** Ukudumba kwamadlala e siswini kwensiwa yi-tuberculosis. Khangela *Tuberculosis*.

**Tachycardia.** Ukubetha kwentliziyo ngokukhawuleza okukhulu.

**Taenia (Tapeworm).** Iph'alo.

**Talipes (Club foot).** Ukulimala konyawo nge ndalo.

**Tampons.** Iziqwengana zoboya ezisongelwe nge gauze zabetshwa ngomtya.

**Tannin (Tannic acid).** Liyeza eliqatywa emqaleni lidityaniswe *glycerine*. Liyaswaqa.

**Tapeworm.** Iph'alo.

**Tapping.** Ukufunxa ngentsimbi.

**Tarsal.** Ebekisele kwi-*tarsus*.

**Tarsus.** Amathambo asixhenxe angasemva elu-nyaweni.

**Tartar.** Inkwethu elukhuni ebasemazinyweni a-ngahlanjwayo. Inkunqe.

**Tartar emetic.** Liyeza lokuhlanzisa. Linyanga i-*Bilharzia* xa lingeniswe emthanjeni (*wein*). Khangela *Bilharzia disease*.

**Taste.** Incasa.

**Taxis.** Ukungenisa i-*hernia* ngokuyicinezela nge-minwe. Khangela *Hernia*.

**Technique.** Indlela yokwenza into ngoibuscisa. Ezona ndawo zibalulekileyo nezayiphina inkqubo.

**Teeth.** Amazinyo.

**Temperature.** Ibanga lobusufu.

**Temples.** Iintafuno.

**Temporal bone.** Ithambo lecalalentloko ekuse kwe kulo indlebe.

**Tenaculum (small sharp hook).** Igwegwe elincinane elibukhali elisetyenziiselwa ukutyanda.

**Tenaculum forceps.** Isibambo esinencam encinane esibukhali.

**Tendon.** Umsipha.

**Tenesmus.** Ukuduntsa okukhulu okuneentlungu.

**Tenosynovitis.** Ukukala kwesinxhobô somsipa.

**Tenotomy.** UKusikwa komsipha.

**Tenotomy knife.** Imela yokusika umsipha.

**Tension.** Ukutsaleka.

**Tent.** Into encinane esetyenziselwa ukwandisa

umlomo wesibeleko. Ithi yakufakwa ikhukhumele.

**Terebene.** Itramteni ecokisiwego eselwayo.

**Tertian (third day) fever.** Icesina, uhlobo lwe-malaria ephakama isihla ephakama isihla kwintsuku ezintathu oku kukuthi i siya usuku olunye.

**Tertiary syphilis.** Isanga lokugqibela legcusuma elinokuthabatha iminyaka emininzi.

**Testing urine.** Ukuxilonga umntsontso.

**Test tube.** Umbobo osetyenziswa oku kuxilonga.

**Tetanus (Lockjaw).** Isifo esibangwa linxeba ngamanye amaxesa xa mhlawumbi *i-germs* zazo zingene nomhlaša. Sibanga ukuthi nkqi komzimba nokuxhuzula.

**Tetany.** Ukuxhuzula kwezandla nenyawo cizantsaneni, kubekho nohlanzo, nojudo. Nabakhu lu abantu bakhе bahliwe yile nto.

**Theine.** Awonamandla *e-tea*.

**Therapeutics.** Ulwazi lokuphilisa.

**Thermo-cautery.** Intsimbi yokutshisa indawo emzimbeni.

**Thermometer.** Intsimbi esetyenziselwa ukulizinganisela ubusuſu bomzimba.

**Thigh.** Ithang'a.

**Thomas's splint.** Intsimbi esetyenziswa ukuxhasa idolo mhlawumbi ihleza *eline-tuberculosis*, nokuxhasa ithambo lethang'a elophukileyo.

**Thoracic.** Ebekisele esifubeni.

**Thorax (chest)** Isifuba.

- Thread-worms.** Izilo ezincinane emathunjini ezikhangeleka ngokwe misonto emifutshane.
- Thrombosis.** Ukuvaleka komthambo okuba-  
ngwa kukukhula kwehlwili legazi.
- Thrush.** Isifo somlomo ebantwaneni naseba-  
ntwini abakhulu xa begula kakhulu. Sibanga  
amabala amhlophe afana nokungunda.
- Thymol.** Liyeza elisetyenziswa njenge-*antiseptic*  
*ne-anthelmintic*.
- Thymus gland.** Idlala elisemva kwamantla o-  
gaga. Likho ebantwaneni godwa.
- Thyroid cartilage.** Intlala ephuma engquleni.
- Thyroid gland.** Idlala phambi koqhoqhoqho e-  
zantsi entanyeni.
- Thyroid extract.** Incindi yeli dlala.
- Tibia.** Umbala.
- Tick fever.** Isifo sase-*Tropical Africa*. Sihanji-  
swa luhlobo lwamakhalane ahlala emanqugwale-  
ni. Khangela *Relapsing fever*.
- Tincture.** Iyeza elidityaniswa ne-*alcohol*.
- Tinct. Camph. Co.** (*Compound Tincture of Cam-  
phor*). Iyeza eline-*camphor* nentwana ye-*opium*.
- Tinea.** Isifo sesikhumba esibangelwa kukungu-  
nda. Khangela *Ringworm*.
- Tinnitus.** Ukuhllokoma czindlefieni.
- Tolerance.** Ukuqhela ukuthabatha iyeza elithile.
- Tongue.** Ulwimi.
- Tonic.** Iyeza lokomeleza umzimba womintu.
- Tonsil:** Indimla.
- Tonsillectomy.** Ukususwa kwendimla.
- Tonsillitis.** Ukukala kwendimla.

**Tonsillotome.** Intsimbi yokususa indimla.

**Torsion.** Ukuwijwa komthambo xa kupereliswa ukopha.

**Torticollis.** Isimo sentamo ejikekileyo.

**Tourniquet.** Isibopho sendyoloba esisetenzise-lwa ukubopha umlenze mhlawumbi ingalo ngo-kuqinileyo ukuze sinqande igazi phambi kotyando.

**Toxaemia.** Iityesu ezesegazini ezenziwa, mhlawumbi endaweni enobovu mhlawumbi ekutyeni okusolele emathunjini.

**Toxic.** Enetyhesu.

**Trachea (Windpipe).** Uqhoqhoqho.

**Tracheotomy.** Ukutyanda kuqhoqhoqho.

**Trachoma.** Isifo senkophe esisulelayo esithatha ixesa elide.

**Trance.** Ithongo.

**Transfusion of blood.** Ukuthatyathwa kwegazi lomntu ophilileyo abizwe ngokuthi ngumphi (*donor*), lifakwe emthanjeni womntu osayo—lowo abizwe ngokuthi ngumamkeli (*recipient*).

**Transudation.** Ukutsitsa kwamanzi (*lymph*) endaweni.

**Trauma.** Ingozi.

**Tremor.** Ungcangcazel oluzenzekelayo.

**Trephine.** Intsimbi yokususa iceba lokakayi.

**Trephining.** Ukususa iceba lethambo lokakayi.

**Triangular bandage.** Isibopho esinencam ezi-ntathu.

**Trichiasis.** Ukugobela kwemisebe ngaphakathi.

**Trional.** Liyeza elenza ubuthongo.

**Trismus.** Ukuqina komhlathi. Khangela *Tetanus*.

**Triturate.** Ukucolisia umgubo.

**Trocar.** Intsimbi yokuhla ba umzimba esetyenzi-swa kunye nombobo. Khangela *Cannula*.

**Trochanter.** Intsula.

**Trophic.** Ngokubekiselele ekondlekeni nasekuphileni kwendawo.

**Tropical ulcer.** Isilonda esifunyanwa kumazwe asusu, naamanzi. Inxaleny e yesikhumba iya xbuka ngakumbi elunyaweni nasemlenzeni, kusale kusisilonda esinzulu kuloo ndawo.

**Truss.** Intsimbi yokuthuthela *i-hernia*. Khangela *Hernia*.

**Trypsin.** Into encindini yenjeke (*pancreas*) eyetyisa inyama.

**Tsetse fly.** Uhlobo lwempukane. Zithi zakuluma abantu ngamanye amaxesa ziya nikezela isifo sobothongo. Khangela *Sleeping sickness*.

**Tuberculin.** Into eyenziwa *nge-tubercle bacilli* ezifileyo. Isetyenziselwa ukuxilonga abantu mhlawumbi iinkomo ezikqokzelwa ukuiba *ne-tuberculosis*.

**Tuberculosis.** Igama ellinikwa ngamaggqiqa kwiziso zonke ezibangwa *yi-germ*, ekuthiwa *yi-tubercle bacillus*, ezinjengesifo semiphunga, isifombo e sisemqolo, ukudumba kwamadlala entanyeni, njalo-njalo.

**Tuberculous.** Ebekisele kwi-*tuberculosis*.

**Tumour.** Iqhušu.

**Turpentine.** Itramtreni.

**Twin.** Iwele.

**Tympanites.** Ukuvuthelana gqithileyo kwesisu ngumoya. Kubangelwa kukuphelelwa ngamandla okusukuma kwamathumbu. Le nto isakho emveni kokuqangqululwa kwesisu, okanye oku kuvuthelana kubangelwe kukuvalaka kwethumbu, okanye kubangelwe *yi-peritonitis*. Khangela *Peritonitis*. Oku kuvuthelana khe kubekho ngamanye amaxesa kubantu abanecesina yamathumbu. Khangela *Enteric fever*.

**Tympanum (The drum of the ear).** Inwebu phakathi kwendlebe.

**Typhoid fever (Enteric fever).** Icesina yamathumbu.

**Typhus fever.** Icesina ycentwala. Iya sulela ngeentwala.

## U

**Ulcer.** Isilonda.

**Ulna.** Lithambo elikhulu elisuka enqhinißeni ukuya esihlahleni ngecalalikacikicane.

**Umbilical cord.** Imfesane.

**Umbilicus.** Inkaba.

**Undulant fever.** Khangela *Malta fever*.

**Unguentum (ung.).** Amafutha aneyeza.

**Uraemia.** Igazi clinetyhesu xa umntu anesifo szintso (*nephritis*) zize zingasebenzi kakuhle.

**Uraemic convulsions.** Ukuwa nokududuzela komzimba okubangwa *yi-uraemia*.

**Urates.** Intlenga ebomvu ngoku kwesitena, ebo-

- nakala ngamanye amaxesa emntsontsweni xa umi ngento sowupholile.
- Urea.** Isongo esikhulu somntsontso.
- Ureter.** Umbobo omncinci ophuma entsweni **ku-** ye esinyini. Icko ngenxa zombini.
- Urethra.** Umbobo ekuphuma ngawo umntsonto esinyini.
- Uric acid.** Amachaphazana abomvu abonakala eyintlenga emntsontsweni.
- Urine.** Umntsontso.
- Urinometer.** Intsimbi encinane yegilasi yokulunganisa ubunzima bomntsontso kunobamanzzi (*specific gravity*).
- Urticaria (nettlerash).** Isifo sesikhumba esiqawuzelayo kakhulu ukuze isikhumba sikhukhumele sakonwaywa.
- Uterine.** Ebekisele esibelekweni.
- Uterine tubes.** Imibobo emisini ekho ngenxa zombini zesibileko.
- Uterus.** Isifeleko.
- Uvula.** Incaka-ncaka.

## V

**Vaccination.** Ukuenta.

**Vaccine.** Into eyenziwa *nge-germs* yesifo esithile ukuze inikelwe ukunyanga mhlawumbi ukuthintela eso sifo. Isitofu.

**Vagina.** Intunja esinga esibelekweni.

**Vaginitis.** Ukuqala kwale nwebu yandlaleke ngaphakathi kule ntunja.

- Vagus.** Umthambo (*nerve*) omde osuka ebuchotsheni uye emiphuungeni, entliziyweni, nasesiswini.
- Valvular heart disease.** Isifo sentliziyo.
- Varicella.** Khangela *chicken pox*.
- Varicose veins.** Imithambo (*veins*) eyandileyo.
- Variola (Small pox).** Ingqakaqa.
- Vascular.** Enemijelwana emininzi yegazi.
- Vaseline (soft paraffine).** I-*vaseline*.
- Vaso-constriction.** Ukukhameka kwemijelwana yegazi.
- Vaso-dilatation.** Ukutwabuluka kwemijelwana yegazi.
- Vein.** Umthambo obuyisela igazi entliziyweni.
- Venereal diseases.** Igcuwuwa nezinye izifo zolu hloho zibizwa ngeli gama.
- Venesection (Bleeding).** Ukopha umthambo (*vein*).
- Venom.** Ubuhlungu, okanye ityhefu yenyoka.
- Venous.** Ebekisele *kwi-veins*.
- Ventilation.** Ukungenisa nokukhupha impepho endlwini.
- Ventricles (right and left).** Amacala amabini entliziyo angasencamini.
- Vermiform appendix.** Khangela *appendix*.
- Verminous.** Oneentwala.
- Vernix caseosa.** Uguzele.
- Version (Turning).** Ukuguqula usana esifele-kweni nguggira.
- Vertebrae.** Amathambo omqolo.
- Vertex.** Umphezulu wentloko.

- Vertigo (Giddiness).** Isizunguzane.
- Vesical.** Ebekisele esinyini.
- Vesicant.** Into eyenza amadyungu-dyungu.
- Vesicle. (*A blister*).** Idyungu-dyungu.
- Vesico-vaginal fistula.** Umnxhuma esinyini o-bangelwa kukubaleka nzima.
- Viable.** Onokuphila. Eli lizwi lisetyenziselwa i-intsana ezivela phambi kwexesa kodwa emva kwenyanga ezesixhenxe.
- Visceroptosis.** Ukuxibilika kwezibilini okubangelwa bibusuthathaka benyama zesisu.
- Vinum.** Iveyini (*or i-wayini*).
- Vinum ipecacuanhae.** Iveyini enyeza *i-ipecacuanha* lokuhlanzisa.
- Viscera.** Izibilini.
- Vision.** Ukubona.
- Vitamins.** Izinto czincinane kakhulu czibakho e-kutyeni ziyimbangi yempilo nosomi. Khangela *Xerosis, Beri-beri, Scurvy, Rickets*.
- Vitreous.** Into ejiyileyo engwengileyo embumbulwini yeliso emva *kwe-lens*.
- Voice.** Ilizwi.
- Volatile oils.** Iioli ezoma kamsinya njengeoli yetylelefa.
- Voluntary action.** Isenzo esenziwa ngumntu ngokuzimisela into enjengokuhamba.
- Volvulus.** Ukuwijeka kwejintyelo lethumbu.
- Vomit.** Ukuhlanza.
- Vulcanite.** Indyoloba eyenziwe lukhuni ngokudityaniswa nesufuri ngobusuusu obukhulu. Isetyenziswa ukwenza intsimbi.

**Vulsellum (or vulsellæ).** Isibambo esinamazinyo abukhali.

## W

**Wassermann test.** Ukuxilongwa kwegazi okubonisa ukufa loo mntu lithatyathwe kuye unayo na nokuba akanayo igusuwa.

**Water bed.** Inxhowa ebanzi eyenziwe ngendyoloba. Izaliswa ngamanzi ahusu isetyenziswe ngo-komandlalo.

**Wax in ear.** Imiphula.

**Wean.** Ukulumla.

**Weir Mitchell treatment.** Ukunyangwa kwe-hysteria ne neurasthenia ngokuthi umntu agci-nwe kwindlu eyodwa ; aphumle ; atyiswe ngo-kwaneleyo, aze amane ehlikihlwa.

**Wet nurse.** Umfazi oncancisa umntwana womnye.

**Whey.** Intloya yobisi xa luhlotyiswe nge-rennet. Khangela *Rennet*.

**White mixture (mist. alba).** Iyeza lokutudisa cline-Epsom salts.

**Whitlow.** Ukudumba okunobovu okuneentlungu encamini yomnwe. Ifseyhitu.

**Whooping cough.** Inkenkusi.

**Widal reaction.** Ukuxilonga igazi ukukhangela ukuba umntu unayo na icesina yamathumbu.

**Windpipe (Trachea).** Uqhoqhoqho.

**Womb (Uterus).** Isibeleko.

**Wound.** Inxeba.

**Wrist.** Isihlahla.

**Wry neck (Torticollis).** Isimo sentamo ejikekileyo.

## X

**Xerosis.** Isimo sokoma kweliso esibangwa kukungafumani ukutya okunje ngamasi nobisi, ne-vitamin A.

**Xiphe-sternum.** Incam yethambo lesifuba eviwa elucabangeni.

**X-rays.** Uhlobo lwemitha olufangwa yi-electricity. Lukhanya luphiumele enyameni ukuze kuthathwe ngalo imifanekiso yamathambo noluusu namathumbu.

## Y

**Yaws.** Isifo esifana negcuwuwa. Sifunyanwa e-Central Africa.

**Yellow fever.** Uhlobo lwecesina efunyanwa e-Tropical America nase-West Africa. Ibangela i-jaundice nokuhlanza into emnyama. Esi sifo sisulela ngokuhanjiswa luhlobo lwengcongconi ekuthiwa yi-Aedes aegypti.

## Z

**Zero.** Ilize kwi-thermometer.

**Zinc oxide.** Ngumgubo omhlophe oliyeza.

**Zinc ointment.** Amasutha ane-zinc oxide.

**Zinc sulphate.** Liyeza lokuhlanzia.

**Zingiber** (ginger). Ijinjala.

**Zona** (shingles). I-herpes xa ihla ngecala clinye lomzimba. Khangela *Herpes*.

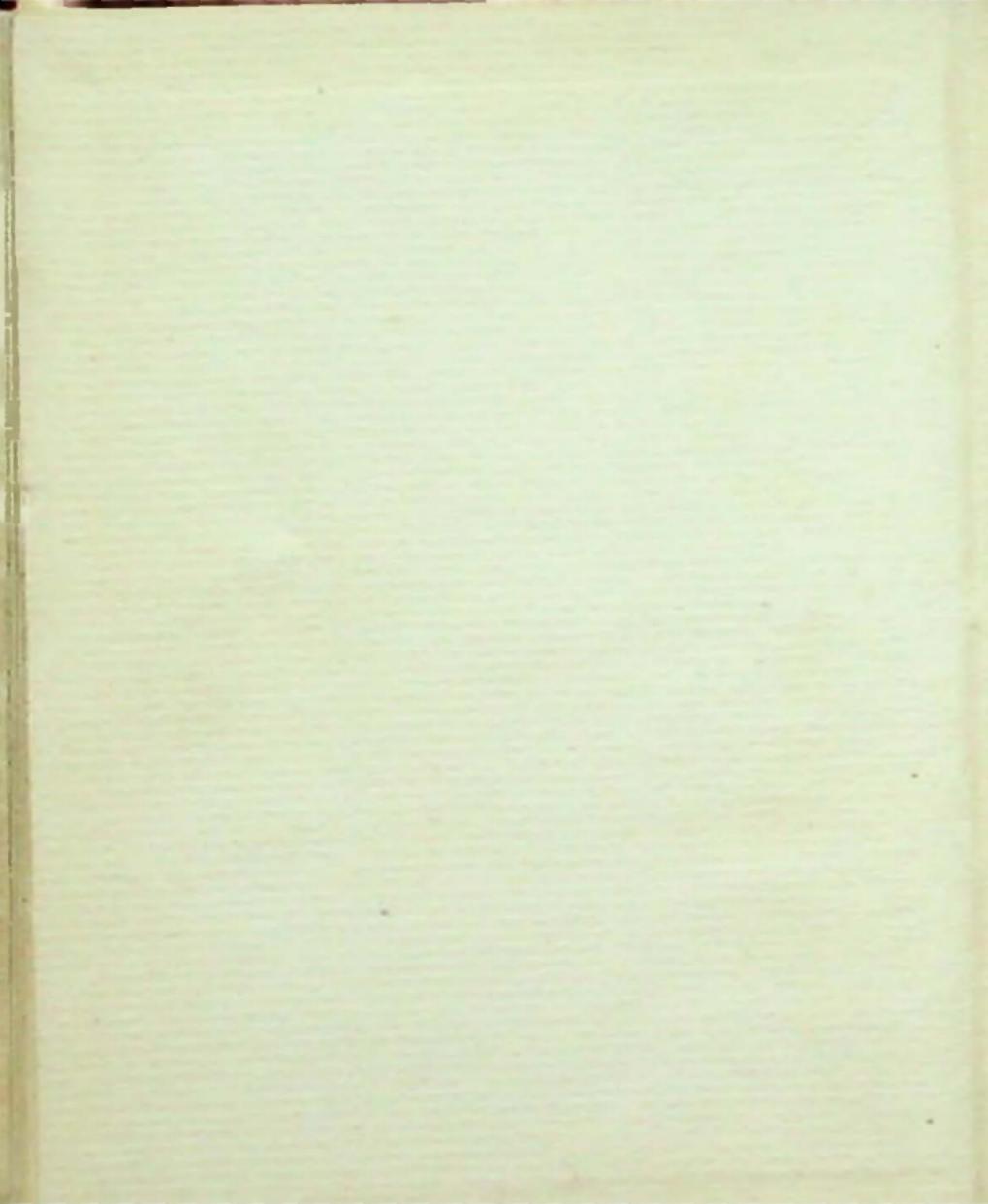
**Zygoma.** Ithambo elisuka endlebeni lisiya esideleni.

**Zymotic diseases.** Izifo ezsulelayo.

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1 JULY 1930

